
A historical review of theory of deformable porous media, finite element modeling and solution algorithms

Saumik Dana
University of Southern California
Los Angeles, CA 90007
sdana@usc.edu

May 6, 2021

ABSTRACT

This work provides a historical perspective of the development of the theory of deformable porous media, along with its finite element modeling and algorithms to solve the resulting system of equations.

1 Introduction

The discovery of fundamental mechanical effects in saturated deformable porous solids, and the formulation of the first porous media theories, are mainly due to two distinguished professors at the Technische Hochschule of Vienna, namely Paul Fillunger and Karl von Terzaghi. [1] was the first to state that the pore liquid pressure does not have any influence upon the strength of the porous solid. Besides this comment, he remarked that the pore water pressure does not affect the material behaviour of the porous solid at all. [2] started the development of the idea of 'effective stress' within the framework of the treatment of the consolidation problem for clay layers. According to [3], the formalism of the idea of effective stress was finally given by [4]. The basic idea of the principle of effective stress is that the 'effective' stress responsible for causing soil deformation is the excess of the total stress over the pore fluid pressure. This implies that the linear momentum balance for poroelasticity can be obtained by simply replacing the total stress in the linear momentum balance for elasticity by the effective stress. In 1941, a Belgian physicist named Maurice Anthony Biot extended Terzaghi's one - dimensional theory to the three - dimensional case and further introduced a parameter representative of the degree of saturation of the fluid inside the pores of the solid (see [5]). He assumed the following properties of soils

- isotropy of the material,
- reversibility of stress-strain relations under final equilibrium conditions,
- linearity of stress-strain relations,
- small strains,
- the water contained in the pores is incompressible,
- the water may contain air bubbles,
- the water flows through the porous skeleton according to Darcy's law

With E , G , ν representing the Young's modulus, shear modulus, and Poisson's ratio respectively, θ the increment of water volume per unit volume of soil, σ the increment of water pressure, \mathbf{T}^S

the stress, and \mathbf{u} the soil displacement, he introduced coefficients H , R and α and arrived at the following relations

$$\mathbf{T}^S = 2G \left(\mathbf{E}^L + \frac{\nu}{1-2\nu} (\text{div } \mathbf{u}) \mathbf{I} \right) - \alpha \sigma \mathbf{I} \quad (1)$$

$$\theta = \alpha \text{div } \mathbf{u} + \sigma \left(\frac{1}{R} - \frac{\alpha}{H} \right) \quad (2)$$

where \mathbf{E}^L is the well-known linearized Green strain tensor given by

$$\mathbf{E}^L = \frac{1}{2} (\text{grad } \mathbf{u} + (\text{grad } \mathbf{u})^T)$$

The corresponding stresses must satisfy the equilibrium conditions of a stress field (inertia forces and body forces are neglected):

$$\text{div } \mathbf{T}^S = \mathbf{0} \quad (3)$$

The relation (1) along with the conditions (3) result in

$$G \text{div grad } \mathbf{u} + (\lambda + G) \text{grad div } \mathbf{u} - \alpha \text{grad } \sigma = \mathbf{0} \quad (4)$$

where $\lambda \equiv \frac{E\nu}{(1+\nu)(1-2\nu)}$ is a Lamé parameter. In order to have a complete set of equations for determining \mathbf{u} and σ , one more equation is necessary. This equation can be obtained by introducing Darcy's law governing the flow of water in a porous medium:

$$\mathbf{w}^F = -k^F \text{grad } \sigma \quad (5)$$

where \mathbf{w}^F represents the volume of water flowing per second and unit area through the faces of an elementary cube and k^F denotes the permeability coefficient of the soil. [6] observed in tests with natural sand, the proportionality of the total volume of water running through the sand and the loss of pressure. The relationship he arrived at is called the 'Darcy's law' and is repeatedly used as the equation that governs the flow of fluid in porous media. Furthermore, under the assumption of the incompressibility of water, the rate of water content of an element of soil must be equal to the volume of water entering per second through the surface of the elements.

$$\frac{\partial \theta}{\partial t} = -\text{div } \mathbf{w}^F \quad (6)$$

Combining (2), (5) and (6),

$$k^F \text{div grad } \sigma = \alpha \frac{\partial (\mathbf{E}^L \cdot \mathbf{I})}{\partial t} + \left(\frac{1}{R} - \frac{\alpha}{H} \right) \frac{\partial \sigma}{\partial t} \quad (7)$$

(4) and (7) are the basic relations of Biot's theory of consolidation, where (4) describes the settlement of the soil, and (7) describes the change in the water pressure. Furthermore, it is important to note that these two relations are coupled. [7] relaxed the assumption of incompressibility of the pore fluid and isotropy of the pore skeleton in order to render a set of equations applicable to an anisotropic porous solid containing a viscous compressible fluid. The resulting set of equations for the specific case of isotropic porous solid had the same number (three) of coefficients to be determined as the original equations (4) and (7). [8] reworked the set of equations with a reduced number (two) of coefficients and further devised tests to determine those coefficients. The interested reader is referred to the review article of [9] for a brief description of these tests. The authors summarized the equations for the isotropic case (inertia forces and body forces are neglected):

$$\text{div} (2G\mathbf{E}^L + \lambda (\text{div } \mathbf{u}) \mathbf{I} - \alpha p \mathbf{I}) = \mathbf{0} \quad (8)$$

$$\frac{\partial \zeta}{\partial t} + \operatorname{div} \mathbf{w}^F = 0 \quad (9)$$

$$\mathbf{w}^F = -k^F \operatorname{grad} p \quad (10)$$

where ζ and $\boldsymbol{\sigma}$ are the increment in fluid content and total stress respectively and are given by

$$\zeta = \frac{1}{M} p + \alpha \operatorname{div} \mathbf{u} \equiv \phi (\operatorname{div} \mathbf{u} - \operatorname{div} \mathbf{u}_F) \quad (11)$$

$$\boldsymbol{\sigma} = 2G\mathbf{E}^L + \lambda (\operatorname{div} \mathbf{u}) \mathbf{I} - \alpha p \mathbf{I} \quad (12)$$

where ϕ is the porosity, \mathbf{u}_F is the fluid displacement and p is the pore fluid pressure. The interested reader is referred to [10] for a better understanding of the fluid mass increment. The variables M and α would be referred to as the Biot modulus and the Biot constant respectively. The Biot constant is representative of the degree of saturation of pore fluid inside the pores with $\alpha = 1$ being the fully saturated state and $\alpha < 1$ being the partially saturated state.

The following three tests were devised to determine M and α .

- The jacketed compressibility test: A specimen of the material is enclosed in a thin impermeable jacket and then subjected to an external fluid pressure p' . In this test the entire pressure of the fluid is transmitted to the solid portions of the surfaces of the specimen. To insure constant internal fluid pressure, the inside of the jacket may be made to communicate with the atmosphere through a tube. The dilatation e of the specimen is measured and a coefficient of jacketed compressibility κ is determined by

$$\kappa = -\frac{e}{p'}$$

- The unjacketed compressibility test: A sample of the material is immersed in a fluid to which is applied a pressure p' . In this case the pressure acts both on the solid and fluid portions of the surfaces of the specimen. When the fluid pressure has penetrated the pores completely, the dilatation of the sample is then measured and an unjacketed compressibility coefficient δ is determined by

$$\delta = -\frac{e}{p'}$$

- The unjacketed coefficient of fluid content test: A unit volume of porous material containing fluid is placed within a closed chamber which has been filled with fluid. Fluid is then injected into the chamber under pressure and the volume of injected fluid is measured. The volume of fluid injected per unit pressure will be the sum of the solid compressibility δ , the volume of fluid γ which has entered the pores¹, and a fixed quantity depending upon the elastic properties of the chamber and the fluid. The porous material is then removed from the chamber and its volume replaced by fluid. The volume of fluid injected per unit pressure is again measured and in this case will be the sum of the same fixed quantity as in the previous measurement, and the fluid compressibility c representing the new unit volume occupied by the fluid. Therefore the difference between the volumes injected with and without the porous material in the chamber will be given by

$$\Delta V = \delta + \gamma - c$$

If the fluid compressibility c is then measured independently, the coefficient of fluid content γ may then be determined.

¹With p' referring to the pressure being applied to the chamber, the coefficient of fluid content γ was defined as $\gamma = \frac{\xi}{p'}$

[8] expressed M and α in terms of κ , δ and γ for the case of a homogeneous, isotropic and elastically linear porous solid as follows

$$M = \frac{1}{\gamma + \delta - \frac{\delta^2}{\kappa}}$$

$$\alpha = 1 - \frac{\delta}{\kappa}$$

The increment in fluid content ξ was stated to be a work conjugate to increment in fluid pressure p . Following the work of [11] and [12], the Biot modulus and Biot constant were established as

$$M = \frac{1}{c\phi + \frac{\alpha - \phi}{K_s}} \quad (13)$$

$$\alpha = 1 - \frac{K}{K_s} \quad (14)$$

where K and K_s represent the effective and grain bulk moduli respectively. We shall see in Chapter 3 that if the Biot modulus is assumed to be time-invariant, then (9) corresponds to the mass conservation equation for linearized slightly compressible single phase flow. [13] reworked the Biot theory in terms of parameters that were representative of the skeletal response at $t = 0$ called the 'undrained response' and $t \rightarrow \infty$ called the 'drained response'. The undrained response was characterized by the fluid mass increment being zero and the drained response was characterized by the pore pressure being zero. The stress-strain relations under drained conditions are identical to the ones of non - porous media, provided they are expressed in terms of the effective stress. [14] introduced a parameter called Skempton coefficient that characterizes the instantaneous response ($t = 0$) of the porous skeleton. It is the ratio between the induced pore pressure and mean stress under a confining pressure in undrained conditions as follows

$$B = -\frac{\delta p}{\delta \sigma} \Big|_{\xi=0} \quad (15)$$

It is clear from the definition (15) that $0 \leq B \leq 1$. [15] arrived at the following relation for the Skempton coefficient

$$B = \frac{\frac{1}{K} - \frac{1}{K_s}}{\frac{1}{K} - \frac{1}{K_s} + \phi(c - \frac{1}{K_s})}$$

The undrained parameters are obtained by setting the fluid increment to zero ($\xi = 0$). From (11), that results in

$$p = -\alpha M \operatorname{div} \mathbf{u}$$

which when substituted in (12) results in

$$\boldsymbol{\sigma} = 2G\mathbf{E}^L + (\lambda + \alpha^2 M) \operatorname{div} \mathbf{u} \mathbf{I} \quad (16)$$

from which the undrained bulk modulus K_u can be obtained as

$$K_u = \frac{\frac{1}{3} \operatorname{tr}(\boldsymbol{\sigma})}{\operatorname{tr}(\mathbf{E}^L)} = \frac{2G}{3} + \lambda + \alpha^2 M = K + \alpha^2 M \quad (17)$$

From (13), (14) and (17), the undrained bulk modulus can be written as

$$K_u = K \left(1 + \frac{\alpha^2}{c\phi K + (\alpha - \phi)(1 - \alpha)} \right)$$

It is easy to see that in case of a porous solid saturated with compressible pore fluid i.e. $\alpha = 1$, $c > 0$, the elastic skeleton is compressible under undrained conditions

$$K_u = K \left(1 + \frac{1}{c\phi K} \right)$$

$$tr(\mathbf{E}^L) = \text{div } \mathbf{u} = \frac{\frac{1}{3}tr(\boldsymbol{\sigma})}{K_u} \neq 0 \quad (18)$$

and in case of a porous solid saturated with incompressible pore fluid i.e. $\alpha = 1$, $c = 0$, the elastic skeleton is incompressible under undrained conditions

$$K_u = \infty$$

$$tr(\mathbf{E}^L) = \text{div } \mathbf{u} = \frac{\frac{1}{3}tr(\boldsymbol{\sigma})}{K_u} = 0 \quad (19)$$

Further, from (16), it is easy to see that

$$\sigma_{ij} = 2GE_{ij}^L \quad (\text{if } i \neq j)$$

which is the same with the case of drained deformation. This means that shear modulus is the same in drained and undrained deformations.

1.1 From Navier-Stokes equations to Darcy's law

Although the Darcy's law is the most commonly used equation for flow in porous media, fluid mechanics theory suggests that fluid flow is in fact governed by the Navier-Stokes equations of balance of momentum of the fluid. The key component in arriving at a connection between the Darcy's law and the Navier-Stokes equations is the 'averaging theorem'. The theorem is based upon the well-known Reynolds transport theorem and relates the volume average of the spatial derivative to the spatial derivative of the volume average of any quantity: scalar, vector or tensor. The theorem was first presented in [16] and later elucidated upon by [17]. [18] used the averaging technique to show that the Navier-Stokes equations for flow in a deforming anisotropic porous medium reduced to the Darcy's law in the limit of slow flow.

2 Finite element modeling

The first successful attempt in applying the finite element method to consolidation problem was reportedly made by [19] for the case of elastic porous solid saturated with incompressible pore fluid. [20] reworked the approach with the assumption of incompressibility of pore fluid and solid grains being relaxed. They used four-noded quadrilateral interpolation functions for both the pore pressure and the displacement variables but with additional incompatible interpolation functions for the latter. [21] presented the idea of 'incompatible mode elements' to resolve the problem of shear locking in thin beams. Shear locking refers to the large, unphysical shear strains that arise in thin beams due to the use of standard four-noded linear quadrilateral plane stress elements. [22] established limits on the value of the time-marching coefficient for the unconditional stability of the fully discrete formulation of the equations of consolidation. [23] studied the response of a fully discrete formulation of the equations of two-dimensional consolidation of an elastic porous solid saturated with incompressible pore fluid with six-noded triangular elements and eight-noded quadrilateral elements. They reported that schemes that used equal order interpolation for pore pressure and displacement gave initial errors in pore pressure which do not dissipate in time and are oscillatory in space. [24] established lower bounds on the time step size below which the fully discrete formulation yields an inaccurate pore pressure distribution with violent oscillations.

2.1 The Stokes' problem under undrained conditions with incompressible fluid and solid constituents

Although the Stokes' problem is not dealt with in this dissertation needlessly, this module provides a perspective on the advances in the finite element modeling of the same. From (4) and (19), it is clear that the elasticity problem under undrained conditions for the case $\alpha = 1, c = 0$, along with appropriate boundary conditions on \mathbf{u} and p is in fact the Stokes' problem given by

$$\begin{aligned} G \operatorname{div} \operatorname{grad} \mathbf{u} - \operatorname{grad} p &= \mathbf{0} \\ \operatorname{div} \mathbf{u} &= 0 \end{aligned}$$

The work of [23] clearly suggested that the use of equal order finite element interpolation for p and \mathbf{u} led to oscillatory solutions for p to the Stokes' problem. The reason lied in the failure to satisfy the well-known Ladyženskaja-Babuška-Brezzi (LBB) condition (see [25]) which poses a constraint on the finite element spaces used for p and \mathbf{u} for the solution to be stable. [26] spawned a class of methods called 'stabilized methods' meant to circumvent the deficiencies of equal order interpolation for p and \mathbf{u} in obtaining a stable solution to the problem. [27] studied the problem in the context of a saddle-point systems and proposed an extension to the well-known patch test as an alternative to the mathematically rigorous LBB condition. The interested reader is referred to [28] for an understanding of saddle-point problems. The patch test for finite elements was first presented by the British engineer Bruce Irons at a conference on 'Matrix Methods in Structural Mechanics' held at Wright-Patterson Air Force Base, Ohio, USA on 26-28 October, 1965. The report can be found at <http://contrails.iit.edu/items/show/8575>. [29] suggested the use of LBB stable Taylor-Hood elements (see [30]) and proposed a post-processing technique that improves the order of convergence of pore pressure by one. [31] reformulated the problem as a least-squares minimization problem with lowest order Taylor-Hood spaces for pressure and displacement variables and compatible Raviart-Thomas spaces for fluid velocity and stress variables. The interested reader is referred to Chapter III of [32] for a description of various mixed finite element spaces. The reader shall also find an excellent rendition of the treatment of the Stokes' problem in Chapter VI. [33] presented a formulation that combats the nonphysical pressure oscillations using Raviart-Thomas-Nedelec spaces for the flow variables and a discontinuous Galerkin space for the displacement variable. Raviart-Thomas-Nedelec spaces are the three-dimensional analogues of the Raviart-Thomas spaces on rectangles. The interested reader is referred to [34] for an understanding of Discontinuous Galerkin methods. [35] presented a formulation that addresses the problem of oscillatory pore pressures using discontinuous Galerkin elements on areas with high pressure gradients and continuous Galerkin elements on the remaining domain.

2.2 Mixed formulation for flow with compressible fluid constituent

We have seen in the previous module that LBB stable mixed finite element spaces are a popular choice for displacement and pressure in the Stokes' equations. But, we have seen in (18) that if the pore fluid compressibility is strictly positive, the incompressibility constraint under undrained conditions is not operative and hence the Stokes' problem for displacement and pressure does not arise. Now, we rewrite the equation of mass conservation (9) for linearized slightly compressible single phase flow along with the Darcy law (10) for steady state conditions ($\frac{\partial \xi}{\partial t} = 0$) in the presence of gravity as

$$\begin{aligned} \operatorname{div} \mathbf{w}^F &= 0 \\ k^{F-1} \mathbf{w}^F + \operatorname{grad} p &= \rho^F \mathbf{g} \end{aligned}$$

where ρ^F is the fluid density and \mathbf{g} is the gravity vector. The above system represents a saddle point problem for \mathbf{w}^F and p . Thus, although we can avoid the necessity of the use of mixed finite element

spaces for displacement and pressure by maintaining a strictly positive pore fluid compressibility, the above argument suggests a need, instead, for mixed finite element spaces for the fluid velocity and pressure under steady state conditions in the presence of gravity.

3 Solution algorithms

The early works of [19] and [20] along with later renditions of [36–38] are referred to as fully coupled schemes where the pressures, fluid velocities and displacements are solved simultaneously. The fully coupled approach, although unconditionally stable, requires careful implementation with substantial local memory requirements and specialized linear solvers. On the other hand, the works of [39–42] are referred to as staggered solution schemes in which an operator splitting strategy is used to split the coupled problem into well-posed flow and mechanics subproblems which are then solved sequentially. In the mid 1970s, the efforts of Ted Belytschko at Northwestern University, Thomas Hughes at California Institute of Technology and Carlos Felippa at Lockheed Palo Alto Research Laboratories would spawn the class of partitioned solution algorithms to coupled dynamical problems designed to take advantage of increasing modularity in commercial finite element codes. An excellent review of these partitioned solution procedures is given in [43]. The interested reader is also referred to [44] for an understanding of the genesis of the idea of fractional steps. Carefully crafted splitting strategies would lend solution accuracies on par with the fully coupled approaches.

Previous attempts at incorporating non-matching grids for flow and mechanics include the works of [45–48]. [45] reformulated a staggered solution algorithm as a special case of a fully coupled scheme and implemented the algorithm on overlapping nonmatching rectilinear grids, but avoided three dimensional intersection calculations, instead evaluating the displacement-pressure coupling submatrices using a midpoint integration rule. [46] implemented a procedure in which a saddle-point system with mortar spaces on nonmatching interfaces of a decomposed geomechanics domain is solved by applying a balancing Neumann-Neumann preconditioner. The procedure involves subdomain to mortar and mortar to subdomain projections, Lagrange multiplier solve and computationally expensive parallel subdomain solves at each time step. [47] implemented a procedure for nested grids in which coarse scale basis functions for the poromechanical solve are obtained in terms of fine scale basis functions by solving local equilibrium problems on each coarse scale poromechanical element. These coarse scale basis functions are then used to construct prolongation and restriction operators, which are then employed to construct a two-stage preconditioner for the coarse scale poromechanical solve. [48] used computational geometry to treat finite elements as three dimensional objects, thereby computing projection operators using intersection volumes.

The micromechanical analyses for the case of anisotropic poroelasticity [49–51] revealed that the modification to the stress applied to the porous solid due to the presence of pore fluid pressure is not hydrostatic, as it is in the case of isotropic poroelasticity [12]. Further, unlike in case of isotropic poroelasticity where the solid-fluid coupling parameter is a scalar [3,5,11,12], the coupling parameter in case of anisotropic poroelasticity is a tensor [7,10,52].

Some of the earliest work on multiphase flow in deformable porous media was performed in [53–56]. The need for sophisticated algorithms to solve the coupled system of equations was then felt, which led to a lot of contributions to the understanding of solvers for such systems [57–79]. Although the bulk of the aforementioned work is devoted to the implementation of nonlinear solvers, due diligence is also given to arriving at thermodynamically consistent set of equations that couple the deformation and multiphase flow effects without violating first principles [80–85].

The use of staggered solution algorithms has found a lot of popularity amongst the coupled flow and geomechanics community, and the most popular among the splitting techniques is

Algorithm 1: Popular fixed stress split algorithm for multiphase geomechanics

```

/* Pre-processing start */
1 Initialize pore pressures;
2 Solve geomechanics to equilibriate stresses;
3 t ← 0;
/* Pre-processing end */
4 while t < T do
    /* Loop over time steps */
    5 while Not converged do
        /* Loop over coupling iterations for the staggered solution algorithm with
           pre-defined convergence criterion. The criterion can be based off any
           metric that reflects the spatio-temporal evolution of the system */
        6 while Not converged do
            /* Loop over Newton iterations for flow */
            7 Solve multiphase flow keeping rate of volumetric stress fixed;
            8 Update variables;
        9 while Not converged do
            /* Loop over Newton iterations for geomechanics */
            10 Solve geomechanics;
            11 Update variables;
    12 t ← t+dt;

```

the fixed stress split strategy. It decouples the flow and geomechanics equations by imposing a constraint on the flow solve, and then solves the flow problem followed by the geomechanics problem in repeated iterations (see Algorithm 1) until a certain convergence criterion is met at each time step [42, 52, 86–101]. While the work of [42] is appreciated as the benchmark for the fixed stress split technique, there have been further important extensions to the algorithm like the multirate method [102] and the multiscale method [48]. An important piece of work in the realm of theoretical convergence analysis of the fixed stress split technique is provided in [103]. The works of [104–108] provide a linear algebra point of view to the solution of the system of equations using the decoupling technique.

References

- [1] P. Fillunger. Österreichische wochenschrift fur den öffentlichen baudienst. *H. Lorenz: Lehrbuch der Technischen Physik, Verlag R. Oldenbourg, München und Berlin., 1913.*
- [2] K. Terzaghi. Die berechnung der durchlässigkeitziffer des tones aus dem verlauf der hydrodynamischen spannungserscheinungen. *Sitzungsber. Akad. Wiss. (Wien), Math.-Naturwiss., 132:125–138, 1923.*
- [3] A. W. Skempton. Significance of terzaghi’s concept of effective stress (terzaghi’s discovery of effective stress). In *From theory to practice in soil mechanics (L. Bjerrum and A. Casagrande and R. B. Peck and A. W. Skempton, eds.)*. New York-London: John Wiley and Sons 1960, 1960.
- [4] K. Terzaghi. The shearing resistance of saturated soils and the angle between the planes of shear. *First Int. Conf. Soil Mech., Vol. 1, Harvard University, pages 54–56, 1936.*
- [5] M. A. Biot. General theory of three dimensional consolidation. *Journal of Applied Physics, 12:155–164, 1941.*
- [6] H. Darcy. Les fontaines publiques de la ville dijon. *Dalmont, Paris.*

- [7] M. A. Biot. Theory of elasticity and consolidation for a porous anisotropic solid. *Journal of Applied Physics*, 26(2):182–185, 1955.
- [8] M. A. Biot and D. G. Willis. The elastic coefficients of the theory of consolidation. *Journal of Applied Mechanics*, 24:594–601, 1957.
- [9] E. Detournay and A. H. D. Cheng. Fundamentals of poroelasticity. In *Comprehensive Rock Engineering: Principles, Practice and Projects*, volume 2, pages 113–171. Pergamon Press, 1993.
- [10] O. Coussy. *Poromechanics*. Wiley, 2nd ed edition, 2004.
- [11] J. Geertsma. The effect of fluid pressure decline on volumetric changes of porous rocks. *SPE*, 210:331–340, 1957.
- [12] A. Nur and J. D. Byerlee. An exact effective stress law for elastic deformation of rock with fluids. *Journal of Geophysical Research*, 76(26):6414–6419, 1971.
- [13] J.R. Rice and M.P. Cleary. Some basic stress diffusion solutions for fluid-saturated elastic porous media with compressible constituents. *Reviews of Geophysics*, 14(2):227–241, 1976.
- [14] A. W. Skempton. The pore-pressure coefficients a and b. *Géotechnique*, 4(4):143–147, 1954.
- [15] A. W. Bishop. The influence of an undrained change in stress on the pore pressure in porous media of low compressibility. *Géotechnique*, 23(3):435–442, 1973.
- [16] J. C. Slattery. Flow of viscoelastic fluids through porous media. *AIChE Journal*, 13(6):1066–1071, 1967.
- [17] S. Whitaker. Advances in theory of fluid motion in porous media. *Industrial and Engineering Chemistry*, 61(12):14–28, 1969.
- [18] W. G. Gray and K O’ Neill. On the general equations for flow in porous media and their reduction to darcy’s law. *Water Resources Research*, 12(2):148–154, 1976.
- [19] R. S. Sandhu and L. Wilson. Finite-element analysis of seepage in elastic media. *Journal of the Engineering Mechanics Division*, 95(3):641–652, 1969.
- [20] J. Ghaboussi and E. L. Wilson. Flow of compressible fluid in porous elastic media. *International Journal for Numerical Methods in Engineering*, 5(3):419–442, 1973.
- [21] E. L. Wilson, R. L. Taylor, W. P. Doherty, and J. Ghaboussi. Incompatible displacement models. In *Numerical and Computer Methods in Structural Mechanics*, New York: Academic Press, pages 43–57, 1973.
- [22] J. R. Booker and J. C. Small. An investigation of the stability of numerical solutions of biot’s equations of consolidation. *International Journal of Solids and Structures*, 11(7-8):907–917, 1975.
- [23] R. S. Sandhu, H. Liu, and K. J. Singh. Numerical performance of some finite element schemes for analysis of seepage in porous elastic media. *International Journal for Numerical and Analytical Methods in Geomechanics*, 1(2):177–194, 1977.
- [24] P. A. Vermeer and A. Verruijt. An accuracy condition for consolidation by finite elements. *International Journal for Numerical and Analytical Methods in Geomechanics*, 5(1):1–14, 1981.
- [25] F. Brezzi and K-J. Bathe. A discourse on the stability conditions for mixed finite element formulations. *Computer Methods in Applied Mechanics and Engineering*, 82(1-3):27–57, 1990.
- [26] T. J. R. Hughes, L. P. Franca, and M. Balestra. A new finite element formulation for computational fluid dynamics: V. circumventing the babuška-brezzi condition: a stable petrov-galerkin formulation of the stokes problem accommodating equal-order interpolations. *Computer Methods in Applied Mechanics and Engineering*, 59(1):85–99, 1986.
- [27] O. C. Zienkiewicz, S. Qu, R. L. Taylor, and S. Nakazawa. The patch test for mixed formulations. *International Journal for Numerical Methods in Engineering*, 23(10):1873–1883, 1986.

- [28] M. Benzi, G. H. Golub, and J. Liesen. Numerical solution of saddle point problems. *Acta Numerica*, 14:1–137, 2005.
- [29] M. A. Murad and A. F. D. Loula. On stability and convergence of finite element approximations of biot’s consolidation problem. *International Journal for Numerical Methods in Engineering*, 37(4):645–667, 1994.
- [30] C. Taylor and P. Hood. A numerical solution of the navier-stokes equations using the finite element technique. *Computers and Fluids*, 1(1):73–100, 1973.
- [31] J. Korsawe, G. Starke, W. Wang, and O. Kolditz. Finite element analysis of poro-elastic consolidation in porous media: Standard and mixed approaches. *Computer Methods in Applied Mechanics and Engineering*, 195(9-12):1096–1115, 2006.
- [32] F. Brezzi and M. Fortin. *Mixed and Hybrid Finite Element Methods*. Springer Series in Computational Mathematics 15. Springer-Verlag New York, 1 edition, 1991.
- [33] P. J. Phillips and M. F. Wheeler. A coupling of mixed and discontinuous galerkin finite-element methods for poroelasticity. *Computational Geosciences*, 12(4):417–435, 2008.
- [34] V. Girault, M. F. Wheeler, R. Glowinski, and P. Neittaanmäki. Discontinuous galerkin methods. In *Partial Differential Equations: Modeling and Numerical Simulation*, Computational Methods in Applied Sciences 16. Springer Netherlands, 2008.
- [35] R. Liu, M. F. Wheeler, C. N. Dawson, and R. H. Dean. On a coupled discontinuous/continuous galerkin framework and an adaptive penalty scheme for poroelasticity problems. *Computer Methods in Applied Mechanics and Engineering*, 198(41-44):3499–3510, 2009.
- [36] B. Jha and R. Juanes. A locally conservative finite element framework for the simulation of coupled flow and reservoir geomechanics. *Acta Geotechnica*, 2(3):139–153, 2007.
- [37] P.J. Phillips and M.F. Wheeler. A coupling of mixed and continuous galerkin finite element methods for poroelasticity ii: the discrete-in-time case. *Computational Geosciences*, 11(2):145–158, 2007.
- [38] M. Ferronato, N. Castelletto, and G. Gambolati. A fully coupled 3-d mixed finite element model of biot consolidation. *Journal of Computational Physics*, 229(12):4813–4830, 2010.
- [39] K. C. Park. Stabilization of partitioned solution procedure for pore fluid-soil interaction analysis. *International Journal for Numerical Methods in Engineering*, 19(11):1669–1673, 1983.
- [40] O. C. Zienkiewicz, D.K. Paul, and A. H. C. Chan. Unconditionally stable staggered solution procedure for soil-pore fluid interaction problems. *International Journal for Numerical Methods in Engineering*, 26(5):1039–1055, 1988.
- [41] M. F. Wheeler and X. Gai. Iteratively coupled mixed and galerkin finite element methods for poro-elasticity. *Numerical Methods for Partial Differential Equations*, 23(4):785—797, 2007.
- [42] J. Kim, H.A. Tchelepi, and R. Juanes. Stability, accuracy and efficiency of sequential methods for coupled flow and geomechanics. *SPE Journal*, 16(2):249–262, 2011.
- [43] C. A. Felippa, K. C. Park, and C. Farhat. Partitioned analysis of coupled mechanical systems. *Computer methods in applied mechanics and Engineering*, 190:3247–3270, 2001.
- [44] N. N. Yanenko and M. Holt. *The Method of Fractional Steps: The Solution of Problems of Mathematical Physics in Several Variables*. Springer-Verlag Berlin Heidelberg, 1 edition, 1971.
- [45] X. Gai, S. Sun, M. F. Wheeler, and H. Klie. A timestepping scheme for coupled reservoir flow and geomechanics on nonmatching grids. In *SPE Annual Technical Conference and Exhibition - (2005.10.9-2005.10.12)*, 2005.
- [46] H. Florez, M. F. Wheeler, A. A. Rodriguez, M. Palomino, and E. Jorge. Domain decomposition methods applied to coupled flow-geomechanics reservoir simulation. In *SPE Reservoir Simulation Symposium - The Woodlands, Texas, USA (2011-02-21)*.

- [47] N. Castelletto, H. Hajibeygi, and H. A. Tchelepi. Multiscale finite-element method for linear elastic geomechanics. *Journal of Computational Physics*, 331:337–356, 2017.
- [48] Saumik Dana, Benjamin Ganis, and Mary F. Wheeler. A multiscale fixed stress split iterative scheme for coupled flow and poromechanics in deep subsurface reservoirs. *Journal of Computational Physics*, 352:1–22, 2018.
- [49] MM Carroll. An effective stress law for anisotropic elastic deformation. *Journal of Geophysical Research: Solid Earth*, 84(B13):7510–7512, 1979.
- [50] N Katsube. The constitutive theory for fluid-filled porous materials. 1985.
- [51] M Thompson and JR Willis. A reformation of the equations of anisotropic poroelasticity. 1991.
- [52] S. Dana and M. F. Wheeler. Convergence analysis of fixed stress split iterative scheme for anisotropic poroelasticity with tensor biot parameter. *Computational Geosciences*, 22(5):1219–1230, 2018.
- [53] T. N. Narasimhan and P. A. Witherspoon. Numerical model for saturated-unsaturated flow in deformable porous media: 3. applications. *Water Resources Research*, 14(6):1017–1034, 1978.
- [54] B. A. Schrefler and Z. Xiaoyong. A fully coupled model for water flow and airflow in deformable porous media. *Water Resources Research*, 29(1):155–167, 1993.
- [55] B. A. Schrefler and R. Scotta. A fully coupled dynamic model for two-phase fluid flow in deformable porous media. *Computer Methods in Applied Mechanics and Engineering*, 190(24-25):3223–3246, 2001.
- [56] L. Laloui, G. Klubertanz, and L. Vulliet. Solid–liquid–air coupling in multiphase porous media. *International Journal for Numerical and Analytical Methods in Geomechanics*, 27(3):183–206, 2003.
- [57] M. R. Correa and M. A. Murad. A new sequential method for three-phase immiscible flow in poroelastic media. *Journal of Computational Physics*, 373:493–532, 2018.
- [58] Marcos Alcoforado Mendes, Marcio A. Murad, and Felipe Pereira. A new computational strategy for solving two-phase flow in strongly heterogeneous poroelastic media of evolving scales. *International Journal for Numerical and Analytical Methods in Geomechanics*, 36, 2012.
- [59] Birendra Jha and Ruben Juanes. Coupled modeling of multiphase flow and fault poromechanics during geologic co2 storage. *Energy Procedia*, 63:3313 – 3329, 2014. 12th International Conference on Greenhouse Gas Control Technologies, GHGT-12.
- [60] Birendra Jha and Ruben Juanes. Coupled multiphase flow and poromechanics: A computational model of pore pressure effects on fault slip and earthquake triggering. *Water Resources Research*, 50(5):3776–3808, 2014.
- [61] Jinhyun Choo and Sanghyun Lee. Enriched galerkin finite elements for coupled poromechanics with local mass conservation. *Computer Methods in Applied Mechanics and Engineering*, 341:311 – 332, 2018.
- [62] Jinhyun Choo, Joshua A White, and Ronaldo I Borja. Hydromechanical modeling of unsaturated flow in double porosity media. *International Journal of Geomechanics*, 16(6):D4016002, 2016.
- [63] Jinhyun Choo. Large deformation poromechanics with local mass conservation: An enriched galerkin finite element framework. *International Journal for Numerical Methods in Engineering*, 116(1):66–90, 2018.
- [64] D Jodlbauer, U Langer, and T Wick. Parallel block-preconditioned monolithic solvers for fluid-structure interaction problems. *International Journal for Numerical Methods in Engineering*, 117(6):623–643, 2019.

- [65] Matteo Cusini, Joshua A. White, Nicola Castelletto, and Randolph R. Settgast. Simulation of coupled multiphase flow and geomechanics in porous media with embedded discrete fractures, 2020.
- [66] Julia T. Camargo, Joshua A. White, and Ronaldo I. Borja. A macroelement stabilization for mixed finite element/finite volume discretizations of multiphase poromechanics. *Computational Geosciences*, 2020.
- [67] Matthias A. Cremon, Nicola Castelletto, and Joshua A. White. Multi-stage preconditioners for thermal–compositional–reactive flow in porous media. *Journal of Computational Physics*, 418:109607, 2020.
- [68] Quan M. Bui, Daniel Osei-Kuffuor, Nicola Castelletto, and Joshua A. White. A scalable multigrid reduction framework for multiphase poromechanics of heterogeneous media. *SIAM Journal on Scientific Computing*, 42:B379–B396, 2020.
- [69] Joshua A White and Ronaldo I Borja. Block-preconditioned newton–krylov solvers for fully coupled flow and geomechanics. *Computational Geosciences*, 15(4):647, 2011.
- [70] Joshua A. White, Nicola Castelletto, Sergey Klevtsov, Quan M. Bui, Daniel Osei-Kuffuor, and Hamdi A. Tchelepi. A two-stage preconditioner for multiphase poromechanics in reservoir simulation. *Computer Methods in Applied Mechanics and Engineering*, 357:112575, 2019.
- [71] Xueying Lu and Mary F. Wheeler. Three-way coupling of multiphase flow and poromechanics in porous media. *Journal of Computational Physics*, 401:109053, 2020.
- [72] Matteo Frigo, Nicola Castelletto, Massimiliano Ferronato, and Joshua A. White. Efficient solvers for hybridized three-field mixed finite element coupled poromechanics. *Computers & Mathematics with Applications*, 2020.
- [73] El-Amin, Mohamed F., Kou, Jisheng, and Sun, Shuyu. Theoretical stability analysis of mixed finite element model of shale-gas flow with geomechanical effect. *Oil Gas Sci. Technol. - Rev. IFP Energies nouvelles*, 75:33, 2020.
- [74] Jihoon Kim, I.Yucel Akkutlu, Tim Kneafsey, Joo Yong Lee, George J. Moridis, Jeremy Adams, Tae Woong Ahn, Sharon Borglin, Bin Wang, Hyun Chul Yoon, Sangcheol Yoon, Xuyang Guo, John Killough, and Peng Zhou. Advanced simulation and experiments of strongly coupled geomechanics and flow for gas hydrate deposits: Validation and field application. 3 2020.
- [75] Yidong Zhao and Jinhyun Choo. Stabilized material point methods for coupled large deformation and fluid flow in porous materials. *Computer Methods in Applied Mechanics and Engineering*, 362:112742, 2020.
- [76] TT Garipov, P Tomin, R Rin, DV Voskov, and HA Tchelepi. Unified thermo-compositional-mechanical framework for reservoir simulation. *Computational Geosciences*, 22(4):1039–1057, 2018.
- [77] T. Kadeethum, S. Lee, F. Ballarind, J. Choo, and H.M. Nick. A locally conservative mixed finite element framework for coupled hydro-mechanical-chemical processes in heterogeneous porous media, 2020.
- [78] Thomas Dewers, Peter Eichhubl, Ben Ganis, Steven Gomez, Jason Heath, Mohamad Jammoul, Peter Kobos, Ruijie Liu, Jonathan Major, Ed Matteo, Pania Newell, Alex Rinehart, Steven Sobolik, John Stormont, Mahmoud Reda Taha, Mary Wheeler, and Deandra White. Heterogeneity, pore pressure, and injectate chemistry: Control measures for geologic carbon storage. *International Journal of Greenhouse Gas Control*, 68:203 – 215, 2018.
- [79] Mohamad Jammoul and Mary F Wheeler. Modeling energized and foam fracturing using the phase field method. Unconventional Resources Technology Conference (URTEC), 2020.
- [80] W. G. Gray and B. A. Schrefler. Thermodynamic approach to effective stress in partially saturated porous media. *Eur. J. Mech.-A*, 20:521–538, 2001.

- [81] O. Coussy, P. Dangla, T. Lassabatère, and V. Baroghel-Bouny. The equivalent pore pressure and the swelling and shrinkage of cement-based materials. *Mater. Struct.*, 37:15–20, 2004.
- [82] M. Nuth and L. Laloui. Effective stress concept in unsaturated soils: Clarification and validation of a unified framework. *Int. J. Numer. Anal. Methods Geomech.*, 32:771–801, 2008.
- [83] I. Vlahinic, H. M. Jennings, J. E. Andrade, and J. J. Thomas. A novel and general form of effective stress in a partially saturated porous material: The influence of microstructure. *Mech. Mater.*, 43:25–35, 2011.
- [84] E. Nikooee, G. Habibagahi, S. M. Hassanizadeh, and A. Ghahramani. Effective stress in unsaturated soils: A thermodynamic approach based on the interfacial energy and hydromechanical coupling. *Transp. Porous Med.*, 96:369–396, 2013.
- [85] J. Kim, H. A. Tchelepi, and R. Juanes. Rigorous coupling of geomechanics and multiphase flow with strong capillarity. *Soc. Pet. Eng. J.*, 18(6):1123–1139, 2013.
- [86] T. Almani, K. Kumar, and M. F. Wheeler. Convergence and error analysis of fully discrete iterative coupling schemes for coupling flow with geomechanics. *Computational Geosciences*, 2017.
- [87] J. W. Both, M. Borregales, J. M. Nordbotten, K. Kumar, and F. A. Radu. Robust fixed stress splitting for biot’s equations in heterogeneous media. *Applied Mathematics Letters*, 68:101–108, 2017.
- [88] Elyes Ahmed, Jan Martin Nordbotten, and Florin Adrian Radu. Adaptive asynchronous time-stepping, stopping criteria, and a posteriori error estimates for fixed-stress iterative schemes for coupled poromechanics problems. *Journal of Computational and Applied Mathematics*, 364:112312, 2020.
- [89] Erlend Storvik, Jakub Wiktor Both, Jan Martin Nordbotten, and Florin Adrian Radu. The fixed-stress splitting scheme for biot’s equations as a modified richardson iteration: Implications for optimal convergence, 2019.
- [90] Jakub Wiktor Both, Kundan Kumar, Jan Martin Nordbotten, and Florin Adrian Radu. Anderson accelerated fixed-stress splitting schemes for consolidation of unsaturated porous media. *Computers and Mathematics with Applications*, 77(6):1479 – 1502, 2019. 7th International Conference on Advanced Computational Methods in Engineering (ACOMEN 2017).
- [91] Manuel Borregales, Kundan Kumar, Florin Adrian Radu, Carmen Rodrigo, and Francisco José Gaspar. A partially parallel-in-time fixed-stress splitting method for biot’s consolidation model. *Computers and Mathematics with Applications*, 77(6):1466 – 1478, 2019. 7th International Conference on Advanced Computational Methods in Engineering (ACOMEN 2017).
- [92] Vivette Girault, Xueying Lu, and Mary F. Wheeler. A posteriori error estimates for biot system using enriched galerkin for flow. *Computer Methods in Applied Mechanics and Engineering*, 369:113185, 2020.
- [93] M Jammoul, B Ganis, and MF Wheeler. Effect of reservoir properties on interwell stress interference. In *52nd US Rock Mechanics/Geomechanics Symposium*. American Rock Mechanics Association, 2018.
- [94] Mohamad Jammoul, Benjamin Ganis, and Mary Wheeler. General semi-structured discretization for flow and geomechanics on diffusive fracture networks. In *SPE Reservoir Simulation Conference*. Society of Petroleum Engineers, 2019.
- [95] Saumik Dana and Mary F Wheeler. Design of convergence criterion for fixed stress split iterative scheme for small strain anisotropic poroelastoplasticity coupled with single phase flow. *arXiv preprint arXiv:1912.06476*, 2019.
- [96] Saumik Dana. System of equations and staggered solution algorithm for immiscible two-phase flow coupled with linear poromechanics. *arXiv preprint arXiv:1912.04703*, 2019.

- [97] Saumik Dana, Joel Ita, and Mary F Wheeler. The correspondence between voigt and reuss bounds and the decoupling constraint in a two-grid staggered algorithm for consolidation in heterogeneous porous media. *Multiscale Modeling & Simulation*, 18(1):221–239, 2020.
- [98] Saumik Dana, Xiaoxi Zhao, and Birendra Jha. Two-grid method on unstructured tetrahedra: Applying computational geometry to staggered solution of coupled flow and mechanics problems. *arXiv preprint arXiv:2102.04455*, 2021.
- [99] Saumik Dana, Mohamad Jammoul, and Mary Wheeler. Performance metrics of the fixed stress split algorithm for multiphase poromechanics. 2021.
- [100] S. Dana and M. F. Wheeler. Convergence analysis of two-grid fixed stress split iterative scheme for coupled flow and deformation in heterogeneous poroelastic media. *Computer Methods in Applied Mechanics and Engineering*, 341:788–806, 2018.
- [101] S. Dana. *Addressing challenges in modeling of coupled flow and poromechanics in deep subsurface reservoirs*. PhD thesis, The University of Texas at Austin, 2018.
- [102] T. Almani, K. Kumar, A. Dogru, G. Singh, and M. F. Wheeler. Convergence analysis of multirate fixed-stress split iterative schemes for coupling flow with geomechanics. *Computer Methods in Applied Mechanics and Engineering*, 311:180–207, 2016.
- [103] A. Mikelić and M.F. Wheeler. Convergence of iterative coupling for coupled flow and geomechanics. *Computational Geosciences*, 17(3):455–461, 2013.
- [104] Andro Mikelić, Bin Wang, and Mary F. Wheeler. Numerical convergence study of iterative coupling for coupled flow and geomechanics. *Computational Geosciences*, 18:325–341, 2014.
- [105] N. Castelletto, J. A. White, and H. A. Tchelepi. Accuracy and convergence properties of the fixed-stress iterative solution of two-way coupled poromechanics. *International Journal for Numerical and Analytical Methods in Geomechanics*, 39(14):1593–1618, 2015.
- [106] Andrea Franceschini, Nicola Castelletto, and Massimiliano Ferronato. Block preconditioning for fault/fracture mechanics saddle-point problems. *Computer Methods in Applied Mechanics and Engineering*, 344:376 – 401, 2019.
- [107] Massimiliano Ferronato, Andrea Franceschini, Carlo Janna, Nicola Castelletto, and Hamdi A. Tchelepi. A general preconditioning framework for coupled multiphysics problems with application to contact- and poro-mechanics. *Journal of Computational Physics*, 398:108887, 2019.
- [108] Manuel Antonio Borregales Reverón, Kundan Kumar, Jan Martin Nordbotten, and Florin Adrian Radu. Iterative solvers for biot model under small and large deformations. *Computational Geosciences*, pages 1–13, 2020.