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8 Safely recovering value from plastic waste in the

Global South: Opportunities and challenges for circular economy and plastic pollution mitigation

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economy.

22 Abstract

23 Over the coming decades, a large additional mass of plastic waste will become available for

recycling, as the world's largest fast moving consumer goods companies step up efforts to

reduce plastic pollution and facilitate a circular economy. Finding ways to recover value from

this material is a substantial challenge that has prompted exploration of novel processes, such as

- 27 'chemical recycling', as well as more established ones, such as incineration with energy
- 28 recovery. Many of these efforts will take place in the Global South, where plastic pollution and
- 29 due to mismanagement of waste are most acute. New infrastructure will need to be developed,
- 30 and it is important that the processes and systems chosen do not result in adverse effects on
- 31 human health and the environment. This concern is particularly acute in countries that lack

32 effective, well-resourced and independent systems for environmental regulation and the 33 protection of occupational and public health. Here, we present a rapid review and critical semi-34 quantitative assessment of the potential risks posed by eight approaches to recovering value 35 (resource recovery, circular economy) from post-consumer plastic packaging waste that has 36 been collected and separated with the purported intention of recycling. The focus is on the 37 Global South, where there are more chances that high risk processes could be run below 38 standards of safe operation (though much of the evidence reviewed is inevitably based on 39 research outcomes obtained in the Global North context). Our assessment indicates that under 40 realistic, i.e. non-idealised operational conditions, mechanical reprocessing is the least impactful 41 on the environment and is the most appropriate and effective method for implementation in the 42 Global South. We find little difference in potential risks between so called 'bottle-to-fibre' and 43 'bottle-to-bottle' processes as they involve similar processing and both result in substantial 44 avoided burdens from virgin production. The lack of real-world process data for the groups of 45 processes known as 'chemical recycling' make them hard to assess. At present, there is no 46 strong evidence that any of them have reached commercial stability when applied to processing 47 post-consumer plastic packaging waste. Given this lack of maturity and potential for risk to 48 human health and the environment (inferred through the handling of potentially hazardous 49 substances under pressure and heat), it is hard to see how they will make a useful addition to the 50 circular economy in the Global South in the near future. Incineration of waste plastics that have 51 been collected for recycling is comparable with other forms of fossil fuel combustion used to 52 generate energy and, despite the lack of process data, the same is likely for co-processing in 53 cement kilns: notably, neither of these processes can be described as 'recycling' and, in general, 54 are deemed as only the last resort in circular cascading systems. Though contemporary air 55 pollution control technology is capable of comprehensively mitigating harmful emissions from 56 combustion, there is a high risk that costly maintenance and management will not be carried out 57 in the absence of strong regulation and enforcement. Inevitably, increasing circular economy 58 activity will require expansion towards targeting flexible, multi-material and multi-layer 59 products, for which mechanical recycling has well-established limitations; which has prompted

- 60 exploration of alternative approaches. Yet, our comparative risk overview indicates major
- 61 barriers to changing resource recovery mode from the already dominant mechanical recycling
- 62 mode towards other nascent or energetic recovery approaches.

63 **1 Introduction**

64 In recent years, several voluntary commitments have been made by fast moving consumer 65 goods (FMCG) companies in an effort to enable more post-consumer plastic packaging waste to 66 be collected and recycled. For instance signatories to the Plastic Pact (Ellen MacArthur 67 Foundation, 2017) have pledged to include post-consumer recycled plastic in plastic packaging 68 they place on the market by 2025. It is anticipated that these initiatives will reduce the amount 69 of plastic waste that is mismanaged by being dumped on land, into water or through burning in 70 open uncontrolled fires, thereby preventing plastic pollution (Lau et al., 2020). 71 If these circular economy commitments are successful, a large mass of additional material will 72 need to be processed and converted into new raw materials or energy worldwide (Ellen 73 MacArthur Foundation et al., 2020). Efforts such as Lau et al. (2020) have proposed high level 74 solutions that focus on reduction, material substitution, collecting, processing or disposing of 75 this large mass of material, but as yet there are no comprehensive efforts to assess their safety 76 when implemented at global scale. 77 In the absence of such consolidated evidence, FMCG companies have been investigating 78 existing 'approaches' to recovering value (materials or energy) from plastic packaging. Some of 79 these resource recovery approaches include those that recover the material whilst preserving its 80 physical and chemical structure and integrity such as: A1) Conventional mechanical 81 reprocessing for extrusion; A2) Bottle-to-fibre mechanical reprocessing for extrusion; A3) 82 Mineral-polymer composites: road surfacing & brick & tile production; and A4) Solvent based 83 purification. Other approaches involve decomposition of chemical structures in plastics to create 84 new chemicals that have the potential to be synthesised into starting materials for new plastics 85 production such as: A5) Chemical de-polymerisation (Chemolysis); and A6) Pyrolysis or 86 gasification.

Other approaches explored by FMCG companies are typically referred to as 'recovery' and are
not considered 'recycling' according to globally applied terminology (**Table S8**) such as: A7)
Co-processing in cement kilns; and A8) Incineration (combustion) with energy recovery (often

90 described as 'energy-from-waste' – EfW – but hereafter 'incineration'). These technologies 91 have been used to process material that has been collected from the mixed municipal waste 92 stream but due to the composition of the plastics and/or lack of available markets, are unsuitable 93 for mechanical reprocessing. 94 Many of these approaches are, or are planned to be implemented in Global South where the 95 majority of the world's plastic packaging is mismanaged (Cook et al., 2020a). However, some 96 of these countries lack well-resourced, independent environmental and safety regulators, and 97 there are concerns that emissions from some processes may result in harm to human health and 98 the environment (Nguyen et al., 2021; Rollinson et al., 2019; UNEP et al., 2020). 99 Several efforts have been made to compare the relative safety of potential approaches to 100 managing post-consumer plastic packaging that has been collected for recycling. For instance, a 101 working group of parties to the Basel Convention on the Control of Transboundary Movement 102 of Hazardous Wastes and Their Disposal (hereafter, the Basel Convention) has drafted guidance 103 that begins to describe the safe treatment of plastic waste (UNEP et al., 2020). The purpose is to 104 support Decision BC-14/13 of the Convention that compels parties to ensure exported waste 105 plastic wastes undergo 'environmentally sound management' in the country of destination. 106 Other comparisons of approaches to recovering value from post-consumer plastic packaging 107 waste that has been collected for recycling focus on certain aspects of environmental harm or 108 human safety. Lazarevic et al. (2010) reviewed studies that compared the life cycle impacts of 109 managing plastic waste using mechanical reprocessing, feedstock recycling, incineration and 110 landfill. The study did not assess the impact on human health, but found that mechanical 111 reprocessing was the least impactful on the environment. More general, reviews exist such as 112 Crippa et al. (2019) and Ragaert et al. (2017), who provide descriptions and process information 113 that explain the potential pathways for processing plastic wastes. In each case, the focus is on 114 the circular economy; however, only summary evidence is provided that relates to the potential 115 environmental and public health risks from the various processes.

116 There are many other sources that address the public, occupational and environmental safety of

- 117 approaches to recovering value from plastic waste, however as yet, there is no review that
- 118 compares the approaches or assesses their suitability for implementation or continued existence
- in the Global South. For clarification, the term 'Global South' is used here for convenience but
- 120 really alludes to countries where the lack of effective, independent, well-resourced enforcement
- 121 and regulation might result in an elevated risk to human health and the environment.
- 122 Here, we rapidly review such evidence for eight types of resource recovery approach, each of
- 123 which is presented in their own section (Table 1). Evidence is summarised in sub-sections for
- 124 1) Overview prevalence and commercial maturity; 2) Risks to the environment, particularly
- 125 global warming; and 3) Risks to occupational and public health. In Section 11, we compare the
- 126 approaches and qualitatively assign scores to indicate the comparative risk to human health and
- 127 the environment when implemented in the Global South.

Table 1: Engineering approaches to recovering value (resource recovery) from post-consumer plastic
 packaging that has been collected for recycling.

Approach number	Approach name	Description
A1	Conventional mechanical reprocessing for extrusion (Section 3)	Plastic wastes are sorted, purified, comminuted and re-melted (extruded) into pellets for conversion (Shen et al., 2014)
A2	Bottle-to-fibre mechanical reprocessing for extrusion (Section 4)	Polyethylene terephthalate (PET) waste is sorted, purified, comminuted and re- melted (extruded) into polyester fibre for use in textile production (Shen et al., 2011)
A3 (a & b)	Mineral-polymer composites: road surfacing (A3a) & brick & tile production (A3b) (Section 5)	Plastics wastes are melted alongside minerals such as sand or aggregate, acting as a binding and strengthening agent when cooled (Kumi-Larbi et al., 2018; Zhu et al., 2014)
A4	Solvent based purification (Section 6)	Solvents are used to dissolve specific polymers in plastics, enabling them to be separated from additives and residues (Ügdüler et al., 2020)
A5	Chemical de-polymerisation (Chemolysis) (Section 7)	Plastics are reacted under heat and pressure alongside catalysts to depolymerise them and enable the resultant monomers and oligomers to be used in primary plastics production (Raheem et al., 2019)
A6	Pyrolysis or gasification (Section 8)	Plastics are heated, without (pyrolysis) or with limited (gasification) oxygen, resulting in polymer chain scission and reformation of hydrocarbons as gases solid or liquid that can be used as fuels or as feedstock for repolymerisation (plastic production) (Lopez et al., 2017; Ragaert et al., 2017)
A7	Co-processing in cement kilns (Section 9)	Waste is used as a replacement fuel for coal in cement production plants (also often termed: waste-derived fuel, solid-recovered fuel – in which case it is often applied to material derived from mixed waste rather than that which has been collected for recycling) (Velis et al., 2012)
A8	Incineration with energy recovery (Section 10)	Waste is combusted whilst heat is recovered to heat space and water whilst electricity is generated (Neuwahl et al., 2019)

130 For clarification, this review is concerned with the eight engineering approaches to resource 131 recovery as they are applied to treating post-consumer single use plastic packaging that has been 132 collected for recycling. This means that post-industrial (pre-consumer) material is excluded as 133 well as mixed wastes, for instance those that have been collected from households. The 134 approaches included are those that have been utilised by or considered for utilisation by FMCG 135 companies. This means that some approaches that are more nascent, and at bench scale of very 136 low technological readiness (U.S. Department of Energy, 2011), such as enzymatic conversion (Tournier et al., 2020) or hydrothermal carbonisation (Shen, 2020). Other parts of the waste 137 138 system are also excluded from this review, such as waste collection systems (formal and 139 informal), reuse, minimisation and material substitution.

140 2 Methods

141 **2.1 Literature review**

142 Literature was obtained by searching peer-reviewed content in the archival database Scopus, 143 Google Scholar (e.g. non-governmental organisation and industry led reports) and generic 144 internet content via Google. A rapid search was carried out of existing reviews of each of the 145 approaches (Table 1). However, drawing on evidence only from the reviews would have 146 introduced bias to the study and an over-reliance on the robustness of a third party's 147 investigation. To establish a reliability pedigree, and inform inclusion/exclusion, samples of 148 articles cited in each review were checked to ensure that the findings of original works had been 149 correctly and fairly represented. If there was an indication that this was not the case, further 150 samples were taken and if necessary the review was rejected for inclusion. Other considerations 151 included the number of times a review had been cited by others in the context of the publication 152 date, whether a report was funded by a particular narrow group of stakeholders and the quality and thoroughness of interpretation of data by the author of the review. 153 154 Citation / snowball search methods (Cooper et al., 2018) were used to identify more recent

155 studies carried out since reviews had been conducted. In some cases, no relevant reviews exist,

156 for instance for plastic packaging co-processed in cement kilns, therefore relevant individual157 papers were identified assessed.

158 **2.2 Visual assessment of online media**

159 As there is hardly any relevant process data (for example: process system inputs, outputs, 160 throughput, energy use, emissions, workforce behaviour, safe systems of work) for many of the 161 topics covered in this review, an assessment of online multimedia (video) sources was carried 162 out to identify risks to occupational health and safety from mechanical reprocessing and mineral 163 polymer composite slab and tile production. Observations of multimedia content have emerged 164 in the last decade following the rising popularity of video sharing platforms such as YouTube 165 (Kousha et al., 2012). We developed a novel rapid method for assessing occupational health and 166 safety based on an observational study of safe systems of work employed by firefighters (Kahn 167 et al., 2014) and one of recreational jumping from height into water (Moran, 2014).

168 Searches were carried out in the *YouTube* repository, which is the most widely used repository 169 with the widest scope using a variety of terms including 'plastic recycling' and 'plastic and sand

tile production'. National terms were added to the search operators such as 'India', 'China' and

171 'Brazil'. The purpose of this part of the study was to obtain an indication of good or poor

172 practice; working conditions; engineering controls to manage occupational and public risk; and

173 identify potential extremes of occupational safety behaviour. We did not attempt to determine

174 the prevalence of these practices, because the method feasible was not deemed as suitable. To

175 control for bias, we chose to exclude footage intended to indicate bad practice as there was a

176 risk that fill makers had cherry picked poor behaviour. Instead, footage that was intended to

177 demonstrate or 'showcase' a process or existing operation was assessed.

For each video, basic information was recorded (Table 4) and the main hazards were identified
using Hughes et al. (2016) and consolidated into the following list:

180 1. Unguarded fast or high torque machinery in close proximity to workers;

181 2. Worker interaction with machinery resulting in risk of being drawn in;

- 182 3. High temperature equipment in close proximity to workers risking burns;
- 183 4. Risk of interaction with unknown potentially hazardous materials or substances (i.e.
- 184 through atmosphere, dermal contact or ingestion);
- 185 5. Risk of burns from caustic substance;
- 186 6. Particle loss to the environment likely;
- 187 7. Risk of aerosolised hazardous substance; and,
- 188 8. Risk of ballistic injury to hands, feet, body from interaction with sharp or heavy objects.

189 2.3 Inclusion/exclusion criteria

- 190 Technical literature and other sources of information identified were assessed for inclusion in
- 191 this study according to the criteria listed in **Table 2**.

192 **Table 2:** Inclusion and exclusion criteria.

Inclusion	Exclusion
Conventional plastics	• Waste collection – e.g. waste pickers
Technologies listed	Biodegradable plastics
• Supply systems	• International trade in plastic scrap
Post-consumer plastic waste	• Post-industrial waste
• Packaging	• Non—packaging
• Peer reviewed journal articles, conference papers, books, reports, websites, online multi-media	• Reuse / alternative delivery systems
	• Film footage intended to expose poor practice

193

194 2.4 Assessment criteria for approaches

195 2.4.1 Commercial and technological maturity

196 The commercial and technological maturity of each approach alongside its commercial

197 prevalence provide valuable insights into the level of risk of safe operation. Whereas well

- 198 established processes benefit from many years or even decades of experience, there may be an
- 199 increased risk of harm to human health and the environment from more nascent approaches due
- 200 to hazards that were not expected or sufficiently mitigated. The technological readiness level
- 201 (TRL) scale (U.S. Department of Energy, 2011) is commonly used to indicate how far a
- 202 technology has progressed towards commercialisation. However once an innovation has reached

- 203 Level 9, the scale does not indicate whether the technology is commercially sustainable in the
- real world, only that it is stable and functional at a large enough scale to be commercialised.
- 205 Though our objective differs from a proposal by Bruno et al. (2020) that extends the TRL scale
- 206 to consider legal, organisational and societal readiness, we have used this as a basis to create our
- 207 own four level scale for low-high maturity (**Table S1**).

208 2.4.2 Risk of harm to the environment and human health

- 209 The risk of harm to the environment and human health were described and summarised in Table
- 210 S6. As the majority of robust data exist only for the Global North context, these were assessed
- 211 first. Scores for the Global South were then adapted from the Global North using objective
- 212 reasoning to infer likely conditions, and controls to protect human health and the environment.
- 213 The descriptions in **Table S6** were then ranked using criteria adapted from Velis et al. (2021)
- 214 according to four levels: low risk; medium-low risk; medium-high risk; and high risk. Where
- 215 the evidence was insufficient to make an assessment, no score was given.

216 **2.4.3 Risk of operating below standards (appropriateness)**

- 217 Each approach was scored for its appropriateness for safe operation in the Global South using
- the matrix in **Table 3**. The score is chosen at the intersect of the lowest of the two scores for
- 219 either environmental or human health risks on the x-axis and the maturity on the y-axis.
- 220 **Table 3:** Matrix for assessing risk of operating below standards in the Global South (appropriateness).

		Risk to ei the G	ther envi lobal Sou	ronment o th (whiche	r human ver is gre	health in atest)
		L	ML	MH	Н	ID
ÿ	Н	L	ML	МН	H	
l and aaturii	MH	ML	ML	Ħ	H	
nercia gical n	ML	ML	МН	Ħ	H	Ħ
Comr	L	ML	МН	H	H	Ħ
ter	ID	ML	МН	Ħ	H	Ħ

- 221 Risk of operating below environmental and health standards in the Global South (appropriateness): L =
- appropriate/low risk of operating below standards; ML = appropriate but with some risk of operating below
- standards; MH = inappropriate but could be implemented if operating standards sufficient; H = inappropriate/high
- risk of operating below standards. ID = insufficient data to make an assessment.

225 **2.4.4 Grouping of approaches**

226 Each of the eight approaches and sub-approaches were arranged into groups according to the 227 characteristics: maturity; risks to human health and environment; and of operating below 228 environmental and health protection standards in the Global South (appropriateness). Three 229 groups emerged (G1-G3), one of which was divided into G1a and G1b due to slightly differing 230 levels of evidence and maturity. Approach 6 was divided into two sub-groups during this 231 process, to demarcate between pyrolysis and gasification used for feedstock and fuel; the former 232 of which is immature and the latter of which is mature but with questionable environmental 233 benefit when applied to post-consumer waste plastic packaging.

3 Approach 1: Conventional mechanical reprocessing for extrusion

236 **3.1 Overview**

237 In the Global South, mechanical reprocessing of plastics has been carried out since the 1980s

238 (Lardinois et al., 1995; Wahab et al., 2007), long before many high-income countries developed

239 commercial reprocessing capacity. Despite these several decades of activity, very little

240 published data exist on how these processes are carried out in the Global South context, which

241 makes it challenging to assess the risk to human health and the environment.

242 In the Global North, plastics reprocessor operations are reasonably well documented, though

243 commercial confidentiality may sometimes obscure the latest developments. In this setting,

244 manual sorting is slowly being replaced as sensor-based separation technology increases in

accuracy and many modern plants have reported to reduce their material losses substantially as

their processes and learning mature.

247 Mechanical reprocessing of post-consumer waste plastics involves several steps aimed at

248 purifying and standardising polymers and their additives to make them suitable for remelting

and forming into new products (Schyns et al., 2020). Reprocessors of waste packaging often

start with a feedstock that is more-or-less a single polymer, though other materials and objects

251 such as closures, labels, glues, inks, and residues of materials and substances from the items' 252 use such as food or beverages may also be present. Materials and substances may also become 253 adhered or attached to packaging during handling and sorting during the use phase. For 254 instance, a plastic bottle that has been collected, mixed, compacted in a waste collection vehicle, 255 and deposited on a dumpsite may exhibit surface contamination with food and dust, or have 256 materials such as paper or metal trapped within its folded structure (Gall et al., 2020). 257 'Contaminants' are removed during several sorting steps that prepare the material for 258 reprocessing including size reduction (comminution), separation by density (sink/float), 259 washing (either hot, cold and or with chemicals) and optical separation (near infra-red or laser) 260 (Vogt et al., 2021). A manual sorting step is almost always included at some point between 261 collection for recycling and reprocessing, because mechanical means are rarely sophisticated 262 enough to obtain sufficient material quality to make new products. There are a multitude of 263 configurations of waste plastic reprocessing operations from the highly sophisticated facilities 264 common in Europe, some of which employ robotics and automated quality management 265 systems, to extremely rudimentary operations seen in some areas of the Global South (Neo et 266 al., 2021).

267 **3.2 Environment**

268 **3.2.1 Global warming potential**

269 The majority of Life cycle assessment (LCA) studies of post-consumer plastic waste

270 management support the ranking system offered by the 'Waste Hierarchy' (European

- 271 Commission, 2008). Lazarevic et al. (2010) reviewed 77 scenarios reported in 10 LCA studies
- that evidenced impacts of mechanical reprocessing, feedstock recycling, incineration and
- 273 landfill to compare the relative burdens across six LCA impact categories. Compared to
- 274 incineration, mechanical reprocessing showed a lower abiotic depletion potential, energy use
- and global warming potential findings that were supported more recently by Bernardo et al.
- 276 (2016).

277 An exception highlighted by Lazarevic et al. (2010) was evidence from Frees (2002), indicating 278 that high levels of surface contamination with 'organic' (hereafter 'biological') material resulted 279 in substantial burdens associated with hot water washing, wastewater treatment and plastic 280 waste pre-treatment. According to Lazarevic et al. (2010), these burdens increased the emissions 281 from mechanical reprocessing to more than those emitted by incineration. However, a contrary 282 result was reported by Krogh et al. (2001) who reported that despite the high biological material 283 contamination (7% - by weight - wt.), mechanical reprocessing had 100% better overall 284 performance compared to incineration. Theoretically, the addition of sodium hydroxide to the 285 washing process should negate the need for hot water use, however there is evidence that both 286 heat and the caustic additive are used in combination as reported in some LCA studies (Aryan et 287 al., 2019). Importantly though, very few LCAs investigate reprocessors operating in a Global 288 South context, meaning that process data are absent for these facilities (Laurent et al., 2014a). A 289 few exceptions (non-exhaustive search) exist for China (Gu et al., 2017; Zhang et al., 2020), 290 India (Aryan et al., 2019; Choudhary et al., 2019) and Brazil (Martin et al., 2021).

291 **3.2.2 Water use**

292 Clearly water consumption is a concern in countries where it is scarce, however according to 293 Laurent et al. (2014b) it is reported in less than 15% of LCA waste management studies. As a 294 guide to the magnitude of water consumption during mechanical reprocessing, Chen et al. 295 (2019) provided water depletion potential factors for the mechanical reprocessing of several polymers, indicating between 340 and 452 L t⁻¹ material processed and waste-water discharge of 296 297 between about 65 and 95% depending on the polymer being processed (Table S2). Aryan et al. (2019) reported much higher water use; 1,200 L t⁻¹ for polyethylene (PE) milk pouches and 298 299 1,600 L t⁻¹ for polyethylene terephthalate (PET) reprocessed at a comparatively small-medium 300 scale facility in India. The water use reported at the plant not only contributed to freshwater 301 aquatic ecotoxicity, but also marine aquatic ecotoxicity and eutrophication. Moreover, the plant 302 used coal to heat the water and dry the pouches in the winter when the sun provided insufficient 303 heat.

- 304 The rapid review of *YouTube* studies carried out here (**Table 4**) observed the use of sodium
- 305 hydroxide in four sources, mainly those that were more technologically sophisticated, handling
- 306 large quantities of post-consumer material. However, eight of the processes observed did not
- 307 clean material using water; instead, mainly secondary plastic foils were fed either directly into
- 308 extruders or via a comminution step. It is unclear how common this 'dry processing' is, but it
- 309 has been reported to be carried out by Aryan et al. (2019) in India and has been observed at
- Biffa Polymers in the UK (Houston, personal communication, 27 November 2019).

Table 4: Summary of practices involving plastics reprocessing in the Global South observed on multimedia posts with identification of hazards and hazard mitigation practices.

						Haza		zards						
Source	Context	Feedstock	Process description		Soph. cat.	1	2	3	4	1 5	6	7	8	– Mitigation measures or comments
Daharwal (2018)	Nagpur, India	Plastic bags	Manual separation, comminution, particle manually moved to extruder and made into mini-football sized lumps of polymer		Low	x	x	x	2	K		x	x	No obvious SSWNo PPE useNo guarding on equipment
Mooge Tech. (2015)	Assumed China	PET packaging	Co-located sorting and reprocessing system including de-baling, trommel, 'de-labelling (rotating star), electromagnetic separation, high speed friction washing, centrifugal dewatering, comminution, float sink separation	Wet	Med- high	x	x						x	 Only one worker observed wearing gloves to sort manually, possibly drawing in risk on several conveyors though film not detailed enough to assess this.
Triwood1973 (2009)	China	PET bottles	Polyester spinning includes comminution, float sink separation, washing, drying and extrusion into fibres which are then carded and woven into polyester sheet	Wet	Med- high	x				х	x		x	 PPE – face shield used Gloves used by some workers Possibly insufficient respiratory protective equipment used during carding
sps (2018a)	India	LDPE bags	Clean, dry bags fed by hand into extruder which produces strands that are cooled and cut into pellets			x	x	x					x	• No SSW in place
sps (2018b)	India	LDPE bags	Clean, dry bags sorted by hand and cleaned with a knife then fed by hand into extruder which produces strands that are cooled and cut into pellets	Dry	Low	x	x	x			x		x	 Stick to feed material in to extruder prevents drawing in Open top sandals around molten plastic
IndustrieS (2019)) India	Hard plastics	Material manually loaded in baskets into shredder	Dry	Low	x	x					x	X	 No obvious SSW No PPE used and all in open top sandals No guarding on equipment Women help each other with heavy loads
Saha (2020)	Bangladesh	Misc. coloured PET packaging	Hand sorting and grading of material on the floor with low sided baskets followed by comminution, washing and sink float separation where material skimmed by hand. Appears to be a hot wash but not obviously so.	Wet	med	x	x	x			x		x	 No obvious SSW No PPE used and all in open top sandals or bare feet No guarding on equipment
The Times of India (2019)	India	hard plastics	Material crushed and extruded with durability additives then pelletised and re-melted and formed into tiles	Dry	low – med	x	x	x					x	• No obvious use of PPE though few workers shown
Kao (2014)			Manual de-baling and summary sort before inclined conveyor feeds trommel. Process then includes more intensive manual sorting, a hot wash (possibly caustic) – film seemed to stop prematurely	Wet	med					x	[Stop rope above conveyor Gloves worn by approx. 50% of staff Some use of face coverings Some use of hearing protection Evidence of SSW

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			Process description		<i>a</i> .	H	Hazards									
Source	Context	Feedstock			Soph. cat.	1	2	3	4	5	6	7	7 8	M	Mitigation measures or comments	
Carretino Proyectos (2016)	Sriracha Thailand	Plastic packaging	Mechanical loading of bales into automated de-baler followed by caustic wash and drying tumbler, lights separated with cyclone then missed labels removed manually (special tool) on conveyor. Comminution followed by sink float separation to remove closure materials followed by another caustic wash and drying tumbler – yet another sink float carried out before high purity achieved. Final manual polishing to increase purity - no extrusion here.	Wet	Med- high	x	x		x	x			x		•	Huge sign on front of building states 'safety first' Signage throughout building warning of danger Gloves worn by all workers Face coverings worn by ~20% of workforce –presumably according to need High level of safety evident
Micro Machinery Manufacture (2018)	India	Woven PP raffia sacks	Hand sorted before being hand fed directly into extruder dry – extruded into strands and pelletised (possibly this is a display machine)	Dry	med	x	x	x							•	No obvious SSW No PPE use & all operatives in bare feet Very little guarding on equipment
Kumar (2019)	South Asia (assumed)		Dry fed shredder created flake which was manually fed into an extruder and pelletised	Dry	low	x	x	x							•	No obvious SSW No PPE use No guarding on equipment
Potdar (2015)	South Asia (assumed)	electrical insulation cables	Apparently are course shredded and then manually transferred to a hoper and extruded into strands	Dry	Low- med	x	x	x	x		х		x x		•	No obvious SSW No PPE use No guarding on equipment
Singh (2018)	India	Mixed plastic packaging	Comminuted and mixed in a dark environment where workers manually load between unit processes including washing, drying and extrusion.	Wet		x	x	x	x	x	x		x x		• • •	No obvious SSW No PPE use No guarding on equipment Very dark & terrifying conditions
GlobeTrotter (2013)	Ahmedabad, India	Pipes, polythene moulding materials	Material is handfed directly into extruder stranded and pelletised 1.8- 1.9 tonnes per day	Dry	Low med								x		• •	No obvious SSW No PPE use No guarding on equipment

Hazard codes as follows: 1) Unguarded fast or high torque machinery in close proximity to workers; 2) Worker interaction with machinery resulting in risk of being drawn in; 3) High temperature

equipment in close proximity to workers risking burns; 4) Risk of interaction with unknown potentially hazardous materials or substances; 5) Risk of burns from caustic substance; 6) Particle loss to the environment likely; 7) Risk of aerosolised hazardous substance; 8) Risk of ballistic injury to hands, feet, body from interaction with sharp or heavy objects. Abbreviations: Waste electrical and electronic

315 equipment (WEEE); end of life vehicle (ELV); safe system of work (SSW); personal protective equipment (PPE); polyethylene terephthalate (PET); low density polyethylene (LDPE); polypropylene

316 (PP); sophistication category (Soph. cat.). The term 'wet' refers to process in which plastics were subjected to washing and or sink-float separation; the term 'dry' refers to processes in which no water

317 was used other than for cooling strands for palletisation.

318 **3.2.3 Management of residues**

A concern highlighted in recent years, is the management of residues (solid rejects) by plastics reprocessors in countries where mismanagement of waste in general is also reported to be high (European Environment Agency, 2019). The inference is that non-targeted for recovery materials (low value plastics or those that are problematic to sort and concentrate and contraries), may be mismanaged by dumping on land, discharge into waterways and coastal waters and open burning (Lau et al., 2020).

325 Though there are no academic studies that provide systematically gathered evidence on the prevalence 326 of residue mismanagement by reprocessors, several documentaries and news articles have highlighted 327 the phenomenon with film footage and still photographic evidence (60 Minutes Australia, 2019; BBC 328 News, 2020; CBC News, 2019; Fruhnert, 2014; Sky News, 2018) as well as reports such as Velis 329 (2014). The existence of the problem is also inferred by increasing regulation to curb transboundary 330 movements of post-consumer plastic recyclate (often termed 'scrap') particularly from high-income 331 countries to industrialised nations in the Global South. For instance, there are indications that part of 332 the rationale for the Chinese Authority's virtual ban (hereafter the 'Chinese import ban') on plastic imports in 2018 (Ministry of Ecology and Environment, 2017) was to reduce the risk of residue 333 334 mismanagement (Liang et al., 2021).

335 Following the Chinese import ban, considerable amounts of material has been diverted to other

336 countries, such as Turkey and several South and Southeast Asian countries including Malaysia,

337 Thailand, Vietnam, Indonesia, Taiwan and India (Resource Futures-Nextek, 2018). This has resulted

in planned or actual tightening of import restrictions, as their respective authorities fear

mismanagement of residues that they are unable to enforce (APL, 2018; Bedi, 2019; CMA CGM

340 (Japan), 2018; Cotecna, 2018; Das, 2018; Government of India: Ministry of Environment Forest and

Climate Change, 2016; ISRI, 2018; Liang et al., 2021; Resource Recycling, 2019; Staub, 2018a; b;

342 2019). Moreover, the mismanagement of residues from imported post-consumer plastic waste was the

343 motivating rationale of the parties to the Basel Convention, who implemented significant restrictions

on the export of plastics from high income countries to the Global South from January 2021
(Secretariat of the Basel Convention, 2019).

346 In addition to the mismanagement of residues, Operation Clean Sweep (2020), Boucher et al. (2017) and Cole et al. (2016) have reported that plastics reprocessors are likely to be a proportionally small 347 348 but significant source of microplastic pollution as a result of comminuted flakes and spilled pellets 349 that are discharged into foul and surface water drainage systems during reprocessing. There is still 350 very high uncertainty over the magnitude of plastic pellet loss from reprocessors. For instance, Cole et 351 al. (2016) estimated pellet loss from the plastics industry as a whole at between 5.3 and 53 billion 352 pellets (105-1,054 tonnes) per annum from the UK alone, based on 4.8 Mt being processed 353 (reprocessor inputs). Lassen et al. (2015) provided a very rough estimate for plastics processors in Denmark, estimating that between 0.0005% and 0.01% of production may be lost as microplastics to 354 355 the environment.

356 The rapid review of multimedia evidence presented in **Table 4** indicated that pellet loss was

357 uncontrolled in at least five out of the 15 facilities observed. This assertion is based on the assumption

358 that the facilities observed did not have closed circuit wastewater treatment, and that there was

359 observable evidence of material being spilled and discharged into drainage.

360 **3.3 Health**

361 **3.3.1 Emissions to air**

Emissions from extrusion of the main conventional plastics used in packaging, such as polypropylene 362 (PP), PE, PET, high density polyethylene and low density polyethylene (LDPE) are not thought to 363 result in harm to human health if carried out at controlled temperatures and using relatively pure 364 feedstock. A study by Unwin et al. (2013) of atmospheric emissions at ten UK plastics extrusion 365 366 facilities (PP, PE, acrylonitrile butadiene styrene, PET and polyvinyl chloride - PVC), found extremely low and often undetectable concentrations of carcinogens in all cases. All the sites and 367 368 processes investigated by Unwin et al. (2013) incorporated a variety of engineering controls, 369 including forced air ventilation local exhaust ventilation and mechanical dilution.

370 In the Global South, ventilation may not always be provided in plastics extrusion facilities. For 371 example, a review by Cook et al. (2020b) found examples of facilities investigated in China where 372 only passive ventilation was provided as a control measure. Other examples were identified in the 373 multimedia evidence presented in **Table 4**, where workers were in close proximity to extruders 374 without any observable mechanical ventilation or personal protective equipment. In several cases 375 there was evidence that end-of-life vehicle parts and electrical goods including PVC insulation were 376 being extruded without any form of ventilation or respiratory protective equipment. Speculatively, insufficient ventilation may be a widespread reality where resources are limited and there is a lack of 377 378 sufficiently resourced, independent health and safety regulation.

379 Although the most common polyolefins and PET do not usually result in harmful emissions if 380 ventilation is sufficiently controlled, there some is evidence that if materials are not sourced or sorted 381 carefully then they may be inadvertently mixed with plastics such as polystyrene and PVC, both of 382 which result in harmful emissions when extruded (Cook et al., 2020b; He et al., 2015). Moreover, if 383 the polyolefins and PET have originated form a source that involves some potentially hazardous 384 substances being added, for example electrical casings, then these substances may volatilise when 385 heated, exposing workers. For instance, analysis by Tsai et al. (2009) next to polypropylene and polyethylene extrusion facilities in Taiwan detected phthalates in air samples indicting that PVC had 386 387 contaminated the feedstock. In two other studies, both Tang et al. (2014) and Tang et al. (2015) 388 detected brominated flame retardants in environmental media near to plastic packaging recycling plants in China. Though the source was potentially confounded, the implication from these findings is 389 390 that plastics from end of life vehicles, and electrical equipment plastics were being reprocessed into 391 secondary feedstock regardless of the potential carcinogenic and environmentally persistent 392 substances within. Moreover, Tang et al. (2014) found high concentrations of brominated flame 393 retardants in hair samples of young people who may work in plastics extrusion plants within the local 394 area.

395

396 3.3.2 Accidents

397 Accidents in plastics reprocessing facilities are not specifically reported by the International Labour 398 Organization (2019), instead being aggregated across the waste industry, often including water and 399 utilities. There are also no specific reports in the academic literature. The multimedia evidence 400 presented in **Table 4**was used as a reference and highlighted some deeply concerning practices at 401 small and medium scale reprocessors operating in the Global South, particularly in India and China. 402 For instance, evidence of the potential for workers to become entangled or drawn into fast moving or 403 high torque machinery was observed at almost all facilities. In nine of the facilities observed, workers 404 also carried out duties in very close, unprotected proximity to extremely hot machinery used for 405 extrusion. The lack of robust and systematically obtained data on this topic makes it challenging to 406 accurately assess, but clearly there are also some well managed plants in the Global South, where 407 workers' safety is systematically managed and emissions are controlled to protect public health; and 408 this level of safety was apparent from the multimedia footage in two of 15 examples (Carretino 409 Proyectos, 2016; Kao, 2014).

410 **3.3.3 Food contact applications and legacy substances**

Some plastics contain potentially hazardous substances that have been added intentionally or which have been unintentionally incorporated through adsorption, absorption, during production or conversion (Cook et al., 2020b). These substances are not usually bonded to the polymers themselves, but exist between the polymer chains as part of a mixture (Hahladakis et al., 2018; Wiesinger et al., 2021). These may migrate into the outside world from where they can disperse, or be absorbed into the body through the skin; via ingestion of food; or through mucous membranes under certain conditions (Koch et al., 2009).

418 In much of the Global North and South, the use of hazardous substances in food contact packaging is 419 tightly controlled by legislatory frameworks designed to limit exposure to human health and the

- 420 environment depending on the application (Cook et al., 2020b). Thus, the use of recycled (secondary)
- 421 plastics in food contact materials presents additional challenges because of the potential uncertainty

422 around the origin of the material (primary production and manufacturing phase), its previous use (use-

423 phase) and the way that it may have been handled, stored and treated after it has been used (end-of-

424 life-phase).

For example, to reduce the risk of fire, plastics used in many electronic goods are treated with flame retardants which are potentially harmful to human health if absorbed into the body. If these electronic casings were used to make food packaging, there is a risk that they might migrate from within the polymer and leach into the food being packaged, potentially exposing the consumer. These substances are often described collectively as 'legacy substances' (Wagner et al., 2020). A summary of potential materials and substances that may exist in a secondary plastic is provided in **Table 5**.

Table 5: Summary of constituents in plastics; after Goulas et al. (2000), Hahladakis et al. (2018), Cook et al.
(2020b) and Wiesinger et al. (2021).

Life cycle phase	Residual substance or substance group	Examples
	Polymers	Polyethylene, polyvinyl chloride, polyethylene terephthalate
	Production residues	Residual monomers (bisphenol A, styrene), dimers and oligomersResidual catalysts
Production & manufacturing	Additives	• Plasticisers (e.g. di-(2-ethylhexylexyl)), fillers, brominated flame retardants (e.g. polybrominated diphenyl ethers)
	Food	Cooking oil
Use	Household chemicals	PesticidesPaint stripper
End-of-life	Commercially used substances	Engine oilBattery acid

⁴³³

434 Legacy substances may occur in all secondary plastics, however the concentration is usually so small 435 as to be unlikely to pose any threat to human health (Wagner et al., 2020). Nonetheless, the potential risks are managed through stringent legislation in several countries. For instance, in India, the 436 437 Ministry of Health and Family Welfare (2018) has recently prohibited the use of recycled content in food packaging under the Food Safety and Standards (Packaging) Regulations, 2018. Thailand, Japan 438 439 and China have also historically implemented similar bans, however there are indications that these laws may be relaxed to encourage more circular materials use (PackagingLaw.com, 2020; Rosato, 440 441 2020).

In Europe, the use of recycled content was banned in food contact packaging until fairly recently.
However, Regulation EC 282/2008 (European Union, 2008) now allows secondary material use as
long as certain conditions are met including requirements to:

445	• Use recycled plastic behind a 'functional barrier' as defined by Directive 2002/72/EC
446	• Sort plastic to 100% efficiency, though where provenance is more certain, e.g. from a
447	kerbside separate collection (either comingled 'single stream or separated 'multi-stream'
448	collection), this requirement can be lowered on a case by case basis
449	• Characterise input (feedstock) to determine if substances from misuse of the product are
450	present (e.g. an orange juice container used to contain domestic pesticide)
451	• Obtain authorisation (from the relevant ministry) to use recycled content in conversion
452	feedstock
453	It is beyond the scope of this review to carry out a comprehensive review of regulatory frameworks
454	managing the use of recycled content in food contact materials, but it appears that other countries
455	allow its use including Mexico (PetStar, 2018), South Africa (Petco, nd), and Brazil
456	(PackagingLaw.com, 2019).

457 **4** Approach 2: Bottle-to-fibre reprocessing

458 **4.1 Overview**

Approximately 52% (wt.) of all textile fibres are polyester, representing 55 Mt of material produced in
2018 (Textile Exchange, 2019). Of this 13% (7.2 Mt), was produced using a mixture of post-

461 consumer PET bottles and post-industrial spun polyester fibre. Although the proportional and absolute

462 mass of polyester produced from recycled content has increased steadily over the last decade, a

- 463 reduction of three percentage points took place following the Chinese import ban (Ministry of
- Ecology and Environment, 2017), highlighting the impact of international restrictions on the circular
- economy.
- 466 The use of secondary PET in polyester production has increased, alongside the amount of PET
- 467 collected for recycling. But a greater proportion of the PET that is collected for recycling is now used

468 in packaging (66%) whilst the remainder is used in bottle-to-fibre reprocessing (44%) (Park et al.,

469 2014; Sarioğlu et al., 2018).

Polyester spinning does not differ greatly from other mechanical reprocessing systems for extrusion or
blow moulding. It produces textile fibres that are as strong or in some cases stronger than its virgin
counterparts as chain scission is substantially reduced in comparison to conventional mechanical
reprocessing (Muslim et al., 2016; Shen et al., 2010).

474 **4.2 Environment**

475 **4.2.1 Global warming**

476 Virgin polyester results in approximately 2.2-2.7 t CO₂eq t⁻¹ product (Bartl, 2020) compared to, for 477 example, cotton produced in China which has been reported to be between 5.2 and 57.9 t CO₂eq t^{-1} across the whole lifecycle (Wang et al., 2015). However, LCA studies that evaluate the benefits of 478 479 recycling PET into polyester fibre are limited, with just three relevant studies that have directly 480 compared impacts, all of which showed a reduced emissions burden in comparison to virgin 481 production (Komly et al., 2012; RDC-Environment, 2010; Shen et al., 2011). 482 In comparison with mechanical reprocessing for extrusion (Approach 1 – Section 3), bottle-to-fibre 483 recycling has been found to have similar (Shen et al., 2011) or lower impact on global warming 484 (Komly et al., 2012; RDC-Environment, 2010), mainly because the material that it replaces (virgin

485 polyester and cotton) has very high burdens. These indicative results challenge the conception that

486 bottle-to-fibre recycling, so called 'open-loop', is less beneficial than bottle-to-bottle recycling, so

487 called 'closed loop', because the output of bottle-to-fibre recycling (textiles) is not suitable for

488 recycling in future (Geyer et al., 2016).

489 **4.2.2 Water use**

490 There are few clear estimates for water use from polyester spinning processes. Bartl (2020) suggested 491 that primary polyester spinning uses $48.8 \text{ m}^3 \text{ t}^{-1}$ water (excluding printing and dyeing) and Zhang et al. 492 (2018) estimated 24.2 m³ t⁻¹. It seems reasonable to assume that similar quantities are used for 493 recycled PET and that cleaning and separation processes are similar to those carried out for

494 conventional recycling. Possibly a more important comparator is for cotton, which has been reported

495 to use between 2,000 and 27,000 $\text{m}^3 \text{t}^{-1}$ produced (Bartl, 2020). Otherwise, there is no reason to

496 assume that bottle-to-fibre reprocessing has a different water consumption rate in comparison to

497 bottle-to-bottle.

- 498 No specific data were found to indicate microplastic release from bottle-to-fibre reprocessing;
- 499 however, it is reasonable to assume that it is the same as for other conventional recycling processes.

500 **4.3 Health**

No evidence that has not already been discussed in **Section 3.3** was found to indicate specific health hazards from polyester spinning. But, objective reasoning suggests that the use of only one polymer (PET) in bottle-to-fibre reprocessing, which is mainly used in packaging, may lower the risk of contamination from materials that have been used in other applications - for instance end of life vehicles or electrical and electronic equipment.

506 **5 Approach 3: Mineral polymer composites**

507 **5.1 Overview**

508 5.1.1 Road-surfacing (Approach 3a)

The use of waste plastics in road surfacing has been investigated as a solution to the plastic pollution crisis and could be used to recover unrealised value from the waste system (Chin et al., 2019; Wu et al., 2021). This potential has been embraced by some states in India (Karelia, 2018; Louise, 2019; News18, 2019), and the National Rural Roads Development Agency (nd) has developed guidelines

- 513 for the use of plastic waste in roads.
- 514 To clarify, the roads discussed here are not made purely from plastic. Instead, the bitumen component
- 515 is typically modified with around 5% wt. (2-10% wt.) plastic (Rødland, 2019). This means that when
- aggregate and sub-layers are included, the total mass of plastic used as a proportion of road
- 517 construction mass is very small. Polymer modification of bitumen is well established, having been

investigated since the 1950s and has been in common use since the 1980s (Zhu et al., 2014), where it
is used to improve elasticity reduced rutting, fatigue resistance, reduced thermal cracking, and
increased elasticity (Ahmadinia et al., 2011; Costa et al., 2013; Dalhat et al., 2017; Fang et al., 2014;
Movilla-Quesada et al., 2019; RAHA Bitumen Co., nd; White, 2019; White et al., 2018). Until
recently, it has been exclusively carried out using virgin polymers, including PE, PP, ethylene–vinyl
acetate, ethylene–butyl acrylate, styrene–butadiene–styrene, styrene–isoprene–styrene and styrene–
ethylene/butylene–styrene.

525 **5.1.2 Bricks and tiles (Approach 3b)**

526 The use of waste plastics as a bonding agent for the manufacture of tiles and bricks is becoming 527 increasingly widespread, having been implemented by several charities including WasteAid UK 528 (Lenkiewicz et al., 2017). Several proprietary and open source processes are available (Earth Titan, 529 2019) that involve melting plastic together with sand to form a paste which is then pressed into 530 moulds and left to cool. At its most basic, the process is carried out over a fire, whereas some 531 processes observed were more automated (Kolev, 2019), including mechanical pressurised moulding, 532 mechanical mixing, and comminution of plastics with low speed high torque cutting mills (Earth 533 Titan, 2019). In one example, sand was kiln dried to improve the properties of the final product in 534 advance of the plastic waste being added (NTVUganda, 2013).

Historically, there has been a paucity of published academic literature on brick and tile production
using waste plastics, though several recent papers have explored the approach, finding it results in
products with very high durability and strength (Ali et al., 2020; Salvi et al., 2021; Thorneycroft et al.,
2018; Uvarajan et al., 2021). According to Kumi-Larbi et al. (2018) who tested the physical properties
of LDPE-bonded sand, the compressive strength of the composite is greater than Portland cement
sandcrete and similar to C20/25 concrete.

541 **5.1.3 Unbound aggregate**

542 Gu et al. (2016) reviewed 83 studies that investigated the use of plastics in concrete as a lightweight 543 replacement for aggregate. Although it was not within the scope of the present review to assess this 544 end-use, it is referred to here to identify it as a potential avenue of further research.

545 **5.2 Environment**

546 **5.2.1 Global warming**

According to Wu et al. (2021), very few studies have investigated global warming emissions from 547 548 polymer modified asphalt, referring to just five studies that indicate mixed results from using waste 549 plastics in comparison to virgin plastics. Four of these (Santos et al. (2018), Vila-Cortavitarte et al. 550 (2018), Mukherjee (2016) and Nascimento et al. (2020), investigated plastics that are not commonly 551 used in FMCG packaging (rubber, polystyrene etc.). Only one, Poulikakos et al. (2017) investigated a range of waste plastics used in packaging, reporting substantial cost savings alongside a reduction in 552 553 CO_2 emissions. The model was highly theoretical and intended to demonstrate the potential concept 554 rather than being based on physical implementation. It assumed that the plastics would not require 555 substantial processing (cleaning and purifying) to be suitable for use in roads, reducing the 556 environmental burdens associated with mechanical reprocessing, which was one of the comparators. 557 Whether this uncertainty in material composition would be acceptable to road manufacturers is 558 unclear.

There is insufficient data available to make an assessment over whether the use of waste plastics as a bitumen modifier provides overall environmental improvement across the lifecycle. Intuitively, anything that reduces the need to resurface or replace roads using a product that would otherwise be wasted ought to provide some benefit. Given that there is substantial evidence to indicate that polymer modification of bitumen results in increased durability, it seems likely that its use would result in reduced maintenance and associated avoided burdens. Further investigation using post-consumer waste plastic packaging would provide more insight. 566 No LCA data was found for mineral-polymer composites used in the production of bricks, tiles or 567 paving slabs. As this technology begins to increase in prevalence, it will be important to understand the full life-cycle impacts. Clearly, rudimentary processing advocated by WasteAid uses very few 568 569 resources (Lenkiewicz et al., 2017). The removal of plastic film would benefit the local environment 570 though the process requires relatively clean sand, which would need to be sourced sensitively and 571 sustainably (Torres et al., 2021). The LCA case is likely to be strongly driven by the avoided concrete 572 production, which is intensive sector with high energy demand (discussed further in Section 9.1) but it is noteworthy that the heat sued to melt the mineral-polymer mixture may be provided by open, 573 574 uncontrolled fires. Therefore, the climate change impact of black carbon production may also have a significant effect on the overall environmental emissions (Reyna-Bensusan et al., 2018). 575

576 **5.2.2 Particle emissions (microplastics)**

577 One concern highlighted by Rødland (2019) is the potential for microplastic release from the polymer 578 modified road surface during the use phase. The study reported microplastic emissions from each source in Norway at approximately 28 t v⁻¹ polymer modified asphalt, 90-320 t v⁻¹ road marking 579 polymer and 4,250-5,000 t y⁻¹ from tyres. The source of most of the data reported by Rødland (2019) 580 is Vogelsang et al. (2020) who acknowledged that there is huge uncertainty associated with the 581 582 emission factors for polymer modified bitumen; but, the main particle emission source is likely to be 583 studded tyres, used to drive through ice and snow in northern Europe, that abrade the road surface. A potential risk is that the surface may become less durable if asphalt-polymer mixtures are 584 585 incorrectly formulated, for instance too rich in polymer. It is recommended that this theory is investigated as lack of durability could influence both life-cycle emissions and the risk of plastic 586 particle emissions. 587 588 Intuitively, there may also be risks associated with microplastic release, fire risk, and possibly

589 migration of substances into the air inside buildings. No evidence was found for any of these, but it is

590 suggested that this is considered in future investigations

591 **5.3 Health**

Asphalt is laid at 100-195°C (Nicholls et al., 2013). The top of this range of temperatures overlaps 592 593 with the lower end of the range of temperatures used in mechanical reprocessing (Hahladakis et al., 594 2018). Given the evidence for potentially hazardous emissions from extrusion and summarised in 595 Section 3.3.1, it is conceivable that substances emitted during asphalt laying or brick and tile 596 production could pose a threat to the health and safety of those who inhale air nearby, for instance if 597 PVC, polystyrene or plastics from electrical goods or vehicles are used. There are no obvious 598 concerns from the main conventionally used polyolefins and PET used in packaging and studies have 599 found very low emissions from LDPE (Yamashita et al., 2009) and PE (He et al., 2015; Tsai et al., 600 2009). 601 Both White (2019), and White et al. (2018), manufacturers of a proprietary modifier using discarded plastics (wastage) from recyclers in the UK, investigated air and leachate emissions from polymer 602 modified bitumen. Their air sampling found no hazardous emissions other than those that would be 603 expected from the bitumen and no hazardous leachate was detected. 604 605 Discussions with Kumi-Larbi Jnr (personal communication 10 December 2020) who has observed tile 606 manufacture in West Africa, revealed that the process often resulted in the plastics combusting 607 briefly, which could potentially result in the production of substances of partial combustion. When 608 completely decomposed under combustion, LDPE emits only water and CO₂. However, the LDPE is 609 likely to include small amounts of antioxidant and ultraviolet resistant additives and is unlikely to 610 achieve complete combustion under very low heat used in the production process. Several relevant 611 sources, including Valavanidis et al. (2008) and Barabad et al. (2018), reported low levels of particulate matter being emitted during LDPE combustion at low temperatures. The only other source 612 613 of relevant information is from Wang et al. (2004) who reported a range of emission data from PE combustion. 614

615 **5.3.1 Accidents**

The multimedia evidence in **Table S3**, highlighted several hazards associated with brick and tile production, including becoming entrained in high-speed or high torque machinery and having contact with hot materials as they are formed and moulded to the shape of the tile or road surface.

619 6 Approach 4: Solvent based purification

620 **6.1 Overview**

So-called 'chemical recycling' technologies have received increasing attention from researchers who 621 622 want to overcome the challenges associated with sorting and reprocessing the complex mixtures of 623 polymers and additives found in post-consumer waste plastics (Davidson et al., 2021). One is 'solvent-based purification', an approach that uses solvents to dissolve polymeric materials, allowing 624 625 them to be separated from the additives and contaminants found in the plastics. There are seven 626 groups of process according to Ügdüler et al. (2020): 1) Shake-flask extraction; 2) Soxhlet extraction / 627 batch multi-stage extraction; 3) Ultrasonic extraction; 4) Microwave assisted extraction; 5) Supercritical fluid extraction; 6) Accelerated solvent extraction; and 7) Dissolution-precipitation. 628 629 Mechanical reprocessing involves heating polymers, adding a thermal event to their history and 630 causing some of the chains to break (chain scission/ decomposition) and thus weaken the overall 631 structure. Solvent-based purification keeps the polymer chains intact, thus creating a higher quality 632 end product. However, the removal of solvents post-separation remains an issue in some processes, 633 potentially hindering commercial viability (Zhao et al., 2018). Some authors argue that solvent based purification should not be classified as 'chemical recycling', because the polymers are not completely 634 635 deconstructed, and it should instead be classed as mechanical reprocessing (Crippa et al., 2019). As 636 the solvents target specific polymers, the process should be applicable to the recovery of polymers 637 from layered multi-material packaging (Kaiser et al., 2018; Walker et al., 2020) or even the plastic fractions in mixed material textiles such as polyester cotton mixtures (Sherwood, 2020; Thiounn et al., 638 2020). 639

640 There is evidence of at least one pilot plant operating the CreaSolv[®] and Newcycling[®] process in 641 Indonesia (Unilever, nd). The facility is capable of processing 3 t d⁻¹ of water sachet waste per day 642 $(1,000 \text{ t y}^{-1})$ (Unilever, nd) and has aspirations to increase this to 30,000 t y⁻¹. According to Crippa et 643 al. (2019) no other commercially viable solvent based purification facilities are currently operational. 644 Ügdüler et al. (2020) agree with this assertion, indicating that most processes are between TRL 3 and 645 8.

646 6.2 Environment

As explained by Crippa et al. (2019), there is very little real world process data available for solvent based purification as the technology group is not yet commercialised. Ügdüler et al. (2020) carried out a basic LCA of two processes to remove additives, however, the work was highly theoretical and it would be misleading to extrapolate further.

651 **6.3 Health**

Though this technology does not exist commercially, the use of solvents, their treatment and disposal after-use is likely to be one of the most significant potential health concerns when this technology becomes commercialised. As discussed by Ügdüler et al. (2020), there are a multitude of solvents all of which are targeted at different additives. Many of these are potentially hazardous to human health such as chloroform, xylene, n-hexane and cyclohexane.

7 Approach 5: Chemical depolymerisation (Chemolysis)

658 **7.1 Overview**

Approximately seven processes are grouped under the 'depolymerisation' category: 1) Methanolysis;

660 2) Glycolysis; 3) Hydrolysis; 4) Ammonolysis; 5) Aminolysis; 6) Hydrogenation; and 7) Alcoholysis

- (Kumar et al., 2011; Ragaert et al., 2017; Raheem et al., 2019). Plastics are reacted under heat and
- pressure with a range of substances including catalysts, acids, alkalis, alcohols causing the
- depolymerisation of the polymers (Raheem et al., 2019).

The most studied polymer for depolymerisation is PET (Crippa et al., 2019), which can be completely decomposed into its starting materials such as ethylene glycol, terephthalic acid bis(2-hydroxyethyl terephthalate) (BHET), or partially into dimers, and oligomers of the aforementioned. Glycolysis of PET is a commercially proven practice having been carried out for several decades by large chemical producers (Ragaert et al., 2017). Glycolysis of PET is suited to high quality, post-industrial feedstock as shortcomings in the processes' ability to remove dyes, copolymers and colourants make it unusable in other contexts.

671 Presently, glycolysis is only used to process off-specification post-industrial textiles and carpet fibres

672 (Aquafil, 2014). The hope is that one day glycolysis can be used for processing post-consumer bottles,

but as yet there is no evidence of this taking place at commercial scale (Crippa et al., 2019).

674 Several niche plastics can also be viably depolymerised with chemolysis such as $poly(\gamma$ -

butyrolactone) and aromatic polycarbonates, however as Sardon et al. (2018) explain, '*plastics that*

676 can be so easily depolymerized lack suitable mechanical and thermal properties to be widely useful'.

677 7.2 Environment

678 Given that there are only a handful of implemented facilities worldwide, it is unsurprising that there 679 are few LCA studies that compare the environmental impacts of PET glycolysis with other 680 technologies; only two are reported here. The first study by Shen et al. (2010) used data from Far 681 Eastern New Century Co. (FENC), a textile manufacturer who implements glycolysis of polyester 682 fibres to BHET oligomers that are then re-polymerised to produce new PET. The process was compared with 'semi-mechanical reprocessing' (process data from the Long John Group) that 683 involves sorting, flaking and palletising before re-extrusion, and full mechanical reprocessing where 684 685 flakes are directly extruded into filament. The glycolysis resulted in higher costs and global warming emissions in comparison to the other two options, but still resulted in approximately half the global 686 687 warming potential compared with virgin production. The study is based on highly specific industry 688 data, which were incorporated at face-value.

- In a more recent LCA modelling effort by Meys et al. (2020), glycolysis of PET (described as
- 690 'chemical upcycling') is reported to perform slightly better than mechanical reprocessing, resulting in
- 691 a comparative improvement of 1.13 t $CO_2eq t^{-1}$ processed.
- 692 Given the paucity of robust data and that the only two relevant studies are contradictory, there is no
- clear indication of the relative benefits of this process; it does not appear to have been used to process
- 694 packaging anyway.

695 **7.3 Health**

Assessing potential health implications of PET glycolysis is difficult in the absence of relevant data.
As with any chemical processing, consideration should be given to controlling process emissions to
protect the health of workers and the wider population.

- 699
- 700 8 Approach 6: Pyrolysis or gasification
- 701 **8.1 Overview**

702 8.1.1 Pyrolysis

703 Pyrolysis is a process that has been manipulated by humans for centuries to make charcoal from 704 wood. Material is heated in the absence of oxygen, thereby preventing complete combustion. When 705 applied to waste plastics, this results in a random scission and reforming of the polymer chains into a 706 mixture of hydrocarbons resembling many of those found in crude oil in liquid (80% wt.) and solid (20% wt.) phase (Lopez et al., 2017; Ragaert et al., 2017). At scale, this is carried out at between 707 708 200°C and 1100°C (often around 500°C) and under moderate pressure (1-2 atm) (Mayer et al., 2019). 709 The liquid fraction is often distilled into three basic fractions; kerosene; diesel; and light oils 710 (naphtha) and the solid material, known as char, includes non-combustible minerals and metals, as 711 well as a high proportion of black carbon (Butler et al., 2011). More volatile substances are often flared as a firm of disposal or combusted to recover energy that is used to contribute to the heat 712 713 necessary for the process.

The liquids from pyrolysis plants are all combustible, and according to Crippa et al. (2019), the most viable end-use for these is as fuel for ships and power plants. If sufficiently refined, pyrolysis oils can be used in higher grade applications, such as road vehicles or aviation (Lopez et al., 2017). However, the ambition of many pyrolysis developers is to refine these oils into monomers and other compounds that can be used in primary plastic production (Papari et al., 2021).

719 The synthesis of plastic production feedstock using pyrolysis has the potential to both reduce the need 720 to extract further fossil fuels, and also reduce the disposal and recovery burden on other parts of the waste management system (Hann et al., 2020). Moreover, if the process was able to compete 721 722 commercially with mechanical reprocessing, the value of waste plastics would increase; creating a 723 disincentive to mismanage plastics. Though pyrolysis innovation has accelerated in recent years, there is little evidence that pyrolysis oils have been used in the best-case scenario, which is to produce 724 725 monomer feedstock (Solis et al., 2020). It is therefore assumed that the outputs of pyrolysis plants are being used as fuel. 726

727 Solis et al. (2020) reported that several plastic waste pyrolysis plants exist, and that this indicates that 'conventional pyrolysis' is currently at level 9 of technological readiness based on the opinion of an 728 729 academic expert. However, they also point out that there are few full-scale projects from which to 730 determine economic feasibility. This leaves some doubt about how close these projects are to commercialisation. Khoo (2019) indicated that several plants exist including one in Japan (processing 731 15,000 t v⁻¹); and two in the US of which one processes 25,000 t y⁻¹ and the other is expected to 732 process 100,000 t y⁻¹ once operational. At time of writing, none of the plants reported by Khoo (2019) 733 734 are verified as providing commercially proven processes.

Whilst it is possible that these plants can maintain a pyrolytic process, some serious doubts have been raised by Rollinson et al. (2019) and Rollinson et al. (2021) over whether any of these processes are self-sustaining or whether they require a constant external source of heat. Commercial sensitivities and lack of transparent process data may prevent these questions being answered, at least in the shortterm.

740 **8.1.2 Gasification**

741 Similarly to pyrolysis, gasification reactions involve the restriction of oxygen to allow decomposition

of the polymers without complete combustion. Unlike pyrolysis, gasification takes place at higher

temperatures (700-1200°C) and some oxygen is introduced into the process (Solis et al., 2020),

resulting in partial oxidation of some hydrocarbons and atoms. Carbon monoxide (CO), hydrogen

(H₂), carbon dioxide (CO₂), methane (CH₄) and nitrogen (N₂) are produced alongside some of the

lower molecular weight hydrocarbons, such as ethane (C_2H_6) and ethylene (C_2H_4) (Ciuffi et al., 2020;

747 Punkkinen et al., 2017). Collectively these are known as 'syngas'.

748 Much heavier hydrocarbons are also produced resulting in a substance known as char alongside tarry 749 substances. The tars are made up of a mixture of heterocyclic hydrocarbons such as pyridine, and 750 phenol; light aromatics such as benzene and toluene; polycyclic aromatic hydrocarbons such as 751 naphthalene and heavier hydrocarbons that are not often characterised (Wolfesberger et al., 2009). 752 This complex blend of substances is highly undesirable in the process as it quickly condenses, 753 clogging and corroding pipework (Zeng et al., 2020). The char itself becomes contaminated by the 754 tars, meaning it is unviable to clean, refine and utilise further (Benedetti et al., 2017; Lopez et al., 755 2018). The presence of these solids and their disposal continues to hinder the business case for 756 gasification. Gasification of plastics produces less char compared to gasification of biomass or fibre 757 (Sharuddin et al., 2016). However, the syngas itself tends to contain higher concentrations of char 758 particulates; a key disadvantage to overcome when plastics are used as a feedstock (Lopez et al., 759 2018; Solis et al., 2020).

Historically, commercial gasification has used coal as a feedstock (Higman, 2013). Gasification plants that use waste as a feedstock have also begun to emerge over the last 10 years, but there is no comprehensive state of the industry review. Seo et al. (2018) reported four plants using waste as a feedstock in operation; one in Japan, one in Canada, and two in Europe. Jayarama Reddy (2016) also reported multiple plants that were operational at some stage in the last 20 years, although it is clear that some have clearly ceased operating. In a more recent study, Solis et al. (2020) reported three gasification plants using plastics waste as a feedstock.

Hydrogen can be extracted from the syngas mixture, which can also be used to synthesise a range of 767 768 substances including methanol and ammonia (Antonetti et al., 2017). Quicker (2019), indicated that 769 gasification of homogenous mixed plastics had been shown to be viable at a German run plant. 770 However, he cautioned that the plant has suffered from technical difficulties over many years and 771 questioned the overall viability of the process. Even as a fuel production process, waste gasification 772 becomes less viable due to the need to remove moisture from the syngas before it is combusted. 773 Although synthesis of chemicals is the objective of gasification plants using coal as a feedstock 774 (Ciuffi et al., 2020), Rollinson et al. (2020) suggest that this is unlikely to have happened at plants 775 using waste as a feedstock. It is suggested that syngas from gasification is at best, converted into 776 fuels; however, it is more likely that they are combusted directly in the plant, thus operating as an 777 incinerator.

778 8.2 Environment

779 The majority of studies that compare environmental performance of gasification and pyrolysis with 780 other approaches to waste management do so on the basis of a mixed waste feedstock. Relatively few 781 focus on plastics specifically. One exception is Khoo (2019), who compared emissions from 782 mechanical reprocessing, pyrolysis, gasification and incineration in Singapore. Including avoided burdens, the lifecycle emissions from pyrolysis were approximately $0.6-0.8 \text{ t CO}_{2}$ eq t⁻¹ plastic 783 processed in three studies and for gasification they were 0.4-0.9 t CO₂eq t⁻¹ plastic processed. Though 784 785 both pyrolysis and gasification performed much better than incineration with energy recovery, they 786 resulted in higher emissions than mechanical reprocessing, which showed between 0.2 and 0.4 t 787 $CO_2eq t^{-1}$ in three studies.

A most recent LCA presented by Schwarz et al. (2021), provided detailed lifecycle carbon emissions
data for 25 polymers processed using the methods: gasification and pyrolysis with and without
monomer recovery; open and closed loop mechanical reprocessing; depolymerisation (for two
polymers); dissolution (for 24 polymers); and incineration with and without energy recovery.
Superficially, the study agrees with the differences between emissions from each technology reported
by Khoo (2019), though the emissions were generally higher for pyrolysis, gasification and

mechanical reprocessing and lower for incineration. Where pyrolysis and gasification were used for monomer production, emissions were generally slightly lower than those from mechanical reprocessing in the Schwarz et al. (2021) model. However, as stated this is entirely theoretical and there are no commercial plants available with which to validate such a model.

798 The study by Schwarz et al. (2021) was not carried out according to ISO14040, and the authors 799 excluded sorting and collection emissions and modelled pure polymers (no additives) for simplicity. 800 The exception was for two 'case studies' of 1) mixed PP and LDPE foils; and 2) Acrylonitrile 801 butadiene styrene containing brominated flame retardants. These were used to 'test' and compare the 802 counterfactual pure polymer results. Focussing on the mixed LDPE/PP foils, the case-study method 803 assumed that material sent to pyrolysis would require as much sorting as that sent for mechanical 804 reprocessing, and that material sent for gasification would require slightly less sorting. Residues were 805 incinerated with energy recovery and assumed as 50% (wt.) for gasification and 59% (wt.) for 806 mechanical reprocessing and pyrolysis. The outcome of this case study was that that all the

technologies more or less equalised in their lifecycle emissions to a range between 3.2 t $CO_2eq t^{-1}$ plastic processed (gasification for monomer production) and 5.2 t $CO_2eq t^{-1}$ plastic processed by incineration with energy recovery.

810 The case studies reported by Schwarz et al. (2021) are interesting because pyrolysis and gasification 811 innovators report that the unique selling point (USP) of their technologies are their versatility in 812 processing wastes that are too complex or contaminated to undergo mechanical sorting and 813 reprocessing, either because they are multi-layered or because they are technically and or 814 economically challenging to sort (Ragaert et al., 2017; Solis et al., 2020). However, Schwarz et al. 815 (2021) indicate that significant sorting is required upstream of both gasification and pyrolysis of plastics where the process outputs (gas, liquid) are intended to be used as feedstock for plastics 816 817 production, and that this could increase the overall lifecycle carbon emissions enough to nullify the 818 potential benefits.

819 The study and comparisons made by Khoo (2019) and the study by Schwarz et al. (2021) provide a
820 helpful indication of the potential lifecycle carbon emissions from gasification and pyrolysis of waste

is barely tested at scale, means that it is challenging to draw a robust conclusion. As demonstrated by
Schwarz et al. (2021), there are some highly sensitive parameters for both approaches that can weaken
the environmental 'business case' in comparison to mechanical reprocessing. Clearly neither is a

plastics. However, the high uncertainty associated with LCA results, especially with technology that

825 panacea. Both gasification and pyrolysis have experienced significant operational limitations,

826 including tar removal and char disposal for the former (Benedetti et al., 2017; Lopez et al., 2018;

827 Wolfesberger et al., 2009; Zeng et al., 2020), and high energy inputs for the latter (Crippa et al., 2019;

828 Mayer et al., 2019; Ragaert et al., 2017; Sherwood, 2020).

829 Regardless of any theoretical carbon reductions from pyrolysis and gasification in comparison to 830 mechanical reprocessing, if fugitive emissions are uncontrolled, the savings may be nullified. In 831 gasification, the emitted CO and CH_4 both have high climate forcing potential and in pyrolysis, 832 uncontrolled coal combustion emissions produce black carbon and CO₂ that would contribute 833 considerably to the overall process emissions. A basic Google search for pyrolysis and 'India' or 834 'China' for instance, brings up numerous small-scale commercial pyrolysis units aimed at processing 835 waste tyres and household waste. Not only are these low-tech systems unlikely to incorporate air 836 pollution control systems, but they have the potential to be operated without any regulatory oversight 837 or enforcement to ensure that process emissions are controlled to protect the environment and the 838 surrounding population. FMCG companies considering processing post-consumer plastic waste using 839 gasification or pyrolysis should refer to the European Best Available Techniques for Incineration 840 (Neuwahl et al., 2019) that include details on process emission control and plant operation for the technologies. 841

842 8.3 Health

821

843 8.3.1 Process emissions

Process emissions from gasification and pyrolysis have the potential to cause serious harm to health if unmanaged. The oils from pyrolysis resemble the products of crude oil and contain a range of hydrocarbons, many of which are potentially hazardous. For example, pyrolysis of plastic packaging 847 can produce ethylbenzene, styrene, toluene and a range of polycyclic aromatic hydrocarbons

(Budsaereechai et al., 2019; Miandad et al., 2019). Pyrolysis also results in the formation of gasses
including hydrogen, methane, ethane, ethene, propane, propene, butane, and butene (Williams et al.,
1999).

851 Aside from the desirable gasses themselves (hydrogen, carbon monoxide), syngas from gasification 852 also contains several hazardous substances. Though the feedstock was not stated, an example syngas 853 'contaminant' profile was provided by Block et al. (2019) and is shown in **Table S4**. The syngas from 854 packaging plastics is unlikely to contain substantial quantities of halide, dioxins and related 855 compounds, metals or sulphur, aside from some small quantities found in glues and labels 856 (Gerassimidou et al., 2020). Yet, plastics are generally co-gasified alongside biomass or as part of 857 refuse derived fuel (RDF) / SRF from mixed waste, which may contain a vast array of materials and 858 substances that may result in wide ranging chemical species formation.

The tar from gasification of waste can include a wide range of highly hazardous substances: however, when compared to other materials, relatively little is produced when only plastics are used as a feedstock (Block et al., 2019). Some tar is produced, and according to Robinson et al. (2016), much of this is found in the syngas itself creating a barrier to upgrade.

863 Tar from gasification is also found in the char at concentrations that make it unusable for upgrade. 864 Char from pyrolysis is generally much better quality. Multiple bench-scale efforts have been made to 865 valorise the char from both pyrolysis and gasification of waste, and in theory it can be used to make 866 activated carbon a highly prized and versatile substance (Bernardo et al., 2010; Miandad et al., 2019). 867 Bernardo et al. (2012) characterised char from pyrolysis of mixed plastics, biomass and tyres, finding 868 a range of potentially toxic elements, aliphatic hydrocarbons and aromatic hydrocarbons. Whilst the 869 hydrocarbons were able to be removed using sequential solvent extraction, the metals were more 870 problematic, presenting a barrier for upgrading the char for use. Bernardo et al. (2010) also analysed 871 char produced from a simulated mixed waste sample and determined that all samples would be 872 classified as hazardous under Council Decision 2003/33/CE and CEWME evaluation methods for 873 Ecotoxicity. Whilst there is clearly potential for further use of pyrolytic chars from plastics waste, it

seems likely that the barriers to upgrading will result in the material, either being combusted, either to
provide heat for the process or simply to dispose of it on-site, or disposed of as hazardous waste in
either a hazardous waste incinerator or hazardous waste landfill (Defra, 2013).

877 The range of potentially hazardous substances produced by gasification and pyrolysis is not an

inherent barrier to safe operation and there are clearly engineering solutions to controlling process

emissions, as detailed by Neuwahl et al. (2019). However, these controls are costly and require a high

880 level of technical expertise to ensure that they are implemented and maintained to remain effective.

881 Safe operation is not guaranteed anywhere in the world and in countries that lack sufficiently well-

resourced and effective enforcement and regulation, there is a risk that process emissions from

gasification and pyrolysis may not be managed according to safe standards.

884 8.3.2 Hazardous waste

Unless combusted on-site for disposal or energy recovery, the hazardous chars, tars and liquids produced by gasification and pyrolysis must also be treated or disposed of safely. This is important, because sufficiently managed and regulated hazardous waste landfills or incineration facilities do not exist in many parts of the Global South. For instance, it is estimated that in India, 70% wt. of hazardous waste is mismanaged (Karthikeyan et al., 2018). If this is the case, then neither gasification nor pyrolysis should be considered.

891 **8.3.3 Accidents**

Lastly, as much of the growth in pyrolysis has taken place in the Global South, plants may be constructed with limited safety considerations. Several life-threatening incidents of malfunction have been reported including: an explosion at a plant in Panchkula (India) that resulted in several workers being injured; Khanty-Mansiysk in Russia in 2012 that resulted in eight deaths; Budennovsk in Russia; Chennai, India in 2014 that killed one and left one injured; and Joensuu (Finland) in 2014, and Furth in Germany in 1998 that both resulted large emissions of toxic gasses escaping and nearby residents being evacuated (International Power Ecology Company, 2014).

99 9 Approach 7: Co-processing in cement kilns

900 **9.1 Overview**

901 The high heat and hence energy use associated with cement production has prompted producers to 902 explore ways to reduce fossil carbon output from the sector that currently accounts for 7% of the total 903 global anthropogenic emissions (between 2.3 and 2.6 Gt of CO₂eq) (Hertwich, 2020; Lehne et al., 904 2018). One of the most widely adopted solutions is to co-combust waste, known as solid recovered fuel (SRF), alongside or instead of coal (Gerassimidou et al., 2020). This practice has been adopted 905 across Europe and where cement production facilities substituted their energy requirements with SRF, 906 907 for example at a rate of: 42% in the UK in 2015 (MPA Concrete Centre, 2017); 83% in the 908 Netherlands; and 60% in Norway (Aranda Usón et al., 2013). 909 SRF, is produced from non-hazardous mixed waste and therefore contains a combination of both 910 fossil (plastics, not bio-based) and biogenic waste, the latter of which is carbon neutral when 911 combusted (Iacovidou et al., 2018). There is some evidence from industry that plastics which have 912 been collected for recycling are also used to co-fire cement kilns (Brock et al., 2021; Jiao, 2020; 913 Republic Cement, 2020) and there is also evidence that the residues from material recovery facilities 914 are used which contain a high proportion of plastic (Fyffe et al., 2016; Saveyn et al., 2016). However, there is no indication of how prevalent the practice of co-processing plastics that have been collected 915 for recycling is. 916

917 9.2 Environment

As the fuel used in cement kilns is commonly fossil oil or coal (lignite), almost any other fuel source
is likely to result in at least a small reduction in carbon emissions due to fugitive emissions of
methane and high energy used in coal extraction. Several LCA studies have investigated potential
reduction in emissions by using alternative fuels including SRF: for instance Georgiopoulou et al.
(2018), Khan et al. (2020), Vermeulen et al. (2009), Bourtsalas et al. (2018) and Malijonyte et al.
(2016). However, SRF is typically comprised of a complex mixture of materials, of which, for
example,68% (wt. ar) are of biogenic origin such as paper, cardboard, wood, and natural textiles

925 (Séverin et al., 2010). Therefore these studies do not provide a good indication of the potential 926 emissions from plastic packaging waste alone.GIZ-LafargeHolcim (2020) provided some indicative 927 emission factors for different materials co-processed in cement kilns. Factors for plastics were not 928 reported, but the fossil element of the RDF and tyres, indicates a ballpark of between (~50 and 62 929 kgCO₂ GJ⁻¹) respectively. This suggests co-processing of plastic packaging waste might result in the 930 same or slightly greater emissions compared to natural gas (58 kgCO₂ GJ⁻¹) and slightly less than 931 petrol coke (95 kgCO₂ GJ⁻¹) or coal 98 kgCO₂ GJ⁻¹).

Only one review by Lazarevic et al. (2010) compared the use of plastic in cement kilns with other 932 treatment sources, identifying just two relevant papers. The first, Shonfield (2008), presented a model 933 934 that compared a range of end-of-life treatment processes for plastics waste including combustion of 935 the plastic fraction of SRF in cement kilns. The model was theoretical, as no process data or prior 936 publications were available for the combustion of plastics without other materials and found the 937 purely plastic SRF combustion to provide a net carbon emissions reduction in comparison to the use 938 of coal, despite the fact that most plastic is of fossil origin. The reason provided is that coal extraction 939 releases fugitive emissions of methane, a small yet non-negligible source of emissions from the lifecycle of coal used in combustion; reported as 1.91-4.23 g CH₄ kg⁻¹ of coal (ar) for over and 940 underground mined coal respectively (Spath et al., 1999). 941

942 The second study reviewed by Lazarevic et al. (2010) was by Jenseit et al. (2003), which compared 943 the lifecycle impacts of plastic used to co-fire cement kilns with landfill and conventional mechanical 944 reprocessing for extrusion. As with Shonfield (2008), the SRF co-firing performed slightly better than 945 incineration, but considerably worse than mechanical reprocessing, which showed the least 946 environmental impacts overall in both studies.

947 Two further papers were identified here that assess the lifecycle of plastics co-fired in cement kilns.

948 The first, Schmidt et al. (2009), did not involve plastics typically used in packaging. They compared

an 'end-of-life' scenario in which used tyres were partly used to produce artificial turf and partly used

as a modifier in asphalt with a scenario where the tyres were co-combusted in a cement kiln.

951 Overwhelmingly, the cement kiln scenario produced much higher emissions, adding confidence to the

952 premise that mechanical reprocessing provides greater overall lifecycle benefits. The second, Meys et 953 al. (2020) compared chemical recycling, mechanical reprocessing and plastics co-fired in cement 954 kilns. The research found replacing lignite in cement kilns provided greater benefits compared to 955 incineration with energy recovery, chemical recycling for fuel production and feedstock, but was 956 performing worse than chemical recycling to monomers and mechanical reprocessing. Whilst the 957 comparisons with incineration and mechanical reprocessing are broadly commensurate with the other 958 studies, the various chemical recycling pathways are less certain. As acknowledged by Meys et al. 959 (2020), these technologies are still relatively nascent and it is likely that future learning will improve 960 efficiencies.

961 9.3 Health

Most studies into the human health risks related to atmospheric emissions from co-firing alternative materials relate to SRF produced from mixed (often residual) municipal solid waste rather than plastic waste. For instance, studies by Rovira et al. (2010) and Rovira et al. (2016) investigated environmental media near two plants in Spain, finding no notable difference in concentrations of potentially toxic elements, particulate matter and dioxins and related compounds in soil, plants and air surrounding the facilities.

968 In a bench scale trial, Conesa et al. (2011) characterised emissions from simulated SRF, lignite co-969 combustion complimented with field tests of an operational kiln that co-combusted with SRF. Sulphur 970 dioxide emissions decreased as a consequence of the reduced lignite and emissions of several PCCD/F congeners increased very slightly compared to the reference sample (coal), but were still 971 much lower (range: 4.42-8.48 pg I-TEQ Nm⁻³) than the permitted levels of 100 pg I-TEQ Nm⁻³. The 972 973 paper reported that these findings were commensurate with four other sources (not reviewed here). 974 Conesa et al. (2011) remarked that emissions of dioxins and related compounds were more likely to 975 come from organic material in the plant feedstock (fuel). In addition, the study found concentration 976 changes to be negligible for the six priority pollutant polycyclic aromatic hydrocarbons, and hydrogen 977 fluoride was not detected at all. Hydrogen chloride was slightly elevated, but within legal limits and

though some small changes were detected in the levels of potentially toxic elements, they were allwell within legal limits.

As a comparator, theoretical modelling carried out by Shonfield (2008) reported human toxicity
 potential of mixed plastic co-fired in cement kilns at approximately 1100 kg eq. dichloromethane t⁻¹
 plastic combusted, less than landfill and incineration, but approximately double that of all other
 technologies including mechanical reprocessing and pyrolysis.

984 The limited evidence for emissions co-firing post-consumer plastic packaging in cement kilns does 985 not indicate that the emission of potentially hazardous substances is any greater than for coal alone 986 and that they may even be less. In Europe facilities that co-fire waste in cement kilns are regulated at 987 member state level by Directive 2000/76/EC (European Union, 2000a) as detailed in Section 10.3. 988 The Directive requires plants to be constructed and operated according to a series of 'best available 989 techniques' (BATs) detailed by Neuwahl et al. (2019). Cement kilns tend to be operated by large 990 multinational corporations with sufficient resources to implement air pollution control practices. 991 Notwithstanding this, it is possible that environmental emissions may not be managed 992 comprehensively in less stringently regulated contexts. However, no evidence was found to support 993 that speculation.

10 Approach 8: Incineration with energy recovery

995 **10.1 Overview**

Waste incineration with energy recovery is one of the most rapidly expanding approaches to treating
mixed municipal solid waste (typically the residual part, not targeted for recycling), favoured for its
effectiveness in reducing its mass (75% wt.), volume (90% v/v) and bioactivity (Christensen et al.,
2011a; b; Dalager et al., 2011; Hjelmar et al., 2011a; Hjelmar et al., 2011b; Niessen, 2010). More than
500 municipal solid waste incinerators exist in Europe (Blasenbauer et al., 2020); approximately 75 in
the US (United States Environmental Protection Agency, 2019); 1200 in Japan (Amemiya, 2018); 172
in Korea (Bourtsalas et al., 2019); and 390 in China (Ministry of Housing and Urban-Rural

1003 Development (MoHURD), 2019), where the approach is fast becoming the dominant form of waste1004 treatment (Li et al., 2015).

1005 The high cost of construction and operation in comparison to land disposal (SYSTEMIQ et al., 2020) 1006 has meant that incineration has not been implemented extensively in the Global South. Incinerators 1007 require considerable expertise to operate and there have been several notable plant failures, for 1008 instance in India as reported by Nixon et al. (2017). In another example, a facility completed in 2018 1009 by a European Chinese consortium in Addis Ababa, Ethiopia, was shut-down during the early stages 1010 of commissioning. Mutethya (2020) indicated that the plant is now up and running again, though there 1011 is little further information to indicate the ongoing success of the project. 1012 Other examples include a planned facility in Kenya (Najimesi, 2019), at least three in Delhi (Central

1013 Pollution Control Board, 2021); 'inevitable' planned plant construction in Malaysia (Kadir et al.,

2013); at least one in Indonesia (Bahrah et al., 2020), and at least one in Myanmar (JFE EngineeringCorporation, 2017).

1016 **10.2 Environment**

1017 Studies that asses the lifecycle emissions of incineration predominantly focus on the combustion of 1018 mixed municipal solid waste. These studies show lower climate forcing emissions from incineration 1019 compared to landfill across the lifecycle (Laurent et al., 2014a). This is because modern incinerators 1020 almost always recover as energy (EfW plants), a large portion of which comes from biogenic sources 1021 (Zheng et al., 2019) and because landfill generates methane, which is never captured in its entirety 1022 (Bel Hadj Ali et al., 2020).

1023 Plastics that have been collected for recycling are rarely incinerated in isolation, resulting in a

1024 corresponding paucity of process information to determine the lifecycle emissions from the practice.

1025 With the exception of Frees (2002) and perhaps one scenario reported by Shonfield (2008),

1026 incinerated plastics result in higher climate forcing emissions compared to mechanical reprocessing

1027 (Lazarevic et al., 2010). Although approximately 1.9 Mt of bio-based plastics were produced in 2021

1028 (European Bioplastics, 2020), 368 Mt are still made from fossil carbon (PlasticsEurope, 2021), and

1029 therefore result in an emission profile similar to fossil fuels. The small comparative benefit from

- 1030 incineration of waste plastic in comparison with gas and coal is that the latter two fuels result in
- 1031 fugitive emissions of methane during their extraction alongside the fossil fuels combusted during the
- 1032 process (Spath et al., 1999; Turconi et al., 2013). By comparison, the extraction of oil to produce the
- 1033 plastics that have become waste sits outside the system boundary used to assess the lifecycle benefits
- 1034 of plastics combustion in incineration plants (Alhazmi et al., 2021).

1035 **10.3 Health**

1036 Incinerators operated in the Global North have been subject to increasingly stringent emissions

1037 thresholds since the late 1990s and early 2000s (Table S5). For example, in Europe, emissions are

- 1038 strictly controlled and regulated under the Industrial Emissions Directive (European Union, 2010).
- 1039 Some persistent organic pollutants, polycyclic aromatic hydrocarbons, potentially toxic elements and
- 1040 particulate matter are still emitted, but at very low levels. For example, in the UK, particulate matter
- 1041 emissions from waste incineration represent just 0.02% of emissions from all sources, both nationally
- 1042 and in the immediate vicinity of incinerators (Maynard et al., 2010).

1043 The effect of the Waste Incineration Directive (European Union, 2000b) limits on dioxin emissions in

1044 the UK provides an indication of the capability of emissions abatement practices, which have

advanced considerably (Joint Research Centre, 2018). As illustrated in Figure 1, the previously high

1046 emissions of polychlorinated dibenzo(p)dioxin and furans (PCDD/F) from UK incinerators was

1047 reduced to negligible quantities by 1997. Since then, dioxins from waste combustion have been

- 1048 almost entirely generated by small waste fires, accidental fires, and on November the 5th ('bonfire
- 1049 night', a traditional celebration during which large fires are burned all over the UK).



1050

Figure 1: Dioxin emissions from open burning and waste incineration in the UK; data after National
 Atmospheric Emissions Inventory (2020). Abbreviations: Polychlorinated dibenzo(p)dioxin and furans
 (PCDD/F); international toxic equivalency (I-TEQ).

1054

1055 Several studies indicate that the risk to human health from incineration is likely to be minimal 1056 (Douglas et al., 2017; Freni-Sterrantino et al., 2019; Ghosh et al., 2019) Although some non-1057 negligible negative health outcomes are highlighted in systematic reviews by Tait et al. (2019) and Ashworth et al. (2014), the evidence reviewed in both studies was temporally various, and some 1058 1059 studies were based on decades old incinerators that do not comply with current best available 1060 techniques. 1061 In China, municipal solid waste incineration emissions standards have followed a step-wise pattern of 1062 improvement in much the same way as was done in European the US (Cheng et al., 2010; Ji et al., 1063 2016). With the exception of Pb and Cd, China's limits, outlined in GB 18485-2014, are roughly on a 1064 par with Europe's and are more stringent for sulphur dioxide (Wu, 2018). Aside from China, there are

- 1065 two concerns with the implementation of waste incineration infrastructure in other parts of the Global
- 1066 South: 1) That some countries do not have effective, independent, well-resourced enforcement and
- 1067 regulation to ensure that process emissions are controlled to within safe limits (SYSTEMIQ et al.,

2020); and 2) That the technology restricts the access of the informal recycling sector to valuable 1068 1069 materials which contribute to their income (IJgosse, 2019).

1070

1071

11 Assessment of risk to human health and the environment when implemented in the Global South 1072

1073 The grouped approaches are shown in **Table 5** alongside their scores for environmental and public

1074 health risk and appropriateness for implementation in the Global South.

11.1 Group 1a (Conventional reprocessing) 1075

1076 Conventional mechanical reprocessing (Approach 1) and bottle to fibre mechanical reprocessing 1077 (Approach 2) are likely to result in the fewest environmental emissions and cause the last harm to 1078 public health when implemented in the Global South in comparison to other approaches. The types of 1079 plastics used in plastic packaging are unlikely to result in emissions that are harmful to workers, 1080 provided that adequate ventilation is provided. While there is evidence that operators in the Global 1081 South do not always provide such control measures, they are low-cost, low-tech and easier to 1082 implement in comparison to the engineering controls required to mitigate emissions for the 1083 approaches in Group 2 and 3. Such interventions to enable smaller, low-tech mechanical reprocessors 1084 to implement safe systems of work could be driven by FMCG companies, supporting their efforts to 1085 improve the circular economy whilst building capacity and improving working conditions in the 1086 Global South.

- 1087 Little evidence was found to distinguish between the risk of harm to human health associated with
- 1088 Approach 1 and 2, and the evidence for avoided lifecycle-burdens is comparable. Both approaches are
- 1089 mature, having been implemented at commercial scale since at least the 1980s and 1990s respectively.

1090 Table 6: Qualitative indication of the risk to human health, and the environment and human health from eight approaches to recovering value from post-consumer plastic 1091 packaging waste that has been collected for recycling in the Global North and South; alongside the risk of operating below environmental and health protection standards in 1092 the Global South.

Recovery type		Material recyclin	ng						Energy recovery							
Group		Group 1a: Conv reprocessing	entional	Group 1b: Mines composites	ral polymer	Group 2: Chem	ical recycling		Group 3: Combustion with energy recovery							
Approach num	ıber	Approach 1	Approach 2	Approach 3		Approach 4	Approach 5	Approach 6		Approach 7	Approach 8					
Approach nam	ne	Conventional mechanical reprocessing	Bottle-to-fibre mechanical reprocessing	Mineral-polymer composites: road surfacing	Mineral-polymer composites: bricks & tiles	Solvent based purification	Chemical de- polymerisation (Chemolysis)	Pyrolysis & gasification for feedstock	Pyrolysis & gasification for fuel	rolysis & sification for Co-processing in el cement kilns						
	Environment	Ł	L	L	ID	ID	ID	ID	МН	МН	мн					
Global North	Human health	L	L	ID	ID	ID	ID	ID	L	L	L					
	Environment	ML	ML	ML	ML	ID	ID	ID	МН	МН	н					
Global South	Human health	ML	ML	ID	ID	ID	ID	ID	н	н	н					
Commercial & maturity	k technological	н	н	мн	мн	L	L	L	мн	H	н					
Risk of operati standards in G (appropriatene	ing below Hobal South ess)	ML	ML	ML	ML	н	н	н	н	н	H					
Meaning of col	lours & patterns	Low risk	/ high maturity	Medium-lo	w risk / medium-h	igh maturity	Medium high r	isk / medium low	maturity	High risk / low	maturity					

1093

* 2-stage gasification refers to the process whereby syngas is created through gasification and then n subsequently combusted in a downstream chamber within the same process. Qualitative

1094 scoring of risk to environment and human health and risk of operation below standards in the Global South: L = low risk; ML = medium-low risk; MH = medium-high risk; H = high risk.

1095 Qualitative scoring of level of commercial and technological maturity; L= low maturity; ML = medium-low maturity; MH = medium-high maturity; H = high maturity. Approaches are

organised into groups 1a, 1b, 2 and 3 according to the similarity of scores detailed in Section 2.4.3. 1096

1097 **11.2 Group 1b: Mineral polymer composites**

Lack of published data for the mineral-polymer composite approaches (A3a and A3b) makes them challenging to assess. As with extrusion, emissions from the types of materials and substances used in plastic packaging are unlikely to result in a serious risk to human health, though in the case of the brick and tile production, consideration is advised that the emissions from open fires could be more harmful than the emissions form the heated plastics themselves, if inhaled.

1103 Black carbon produced by the open uncontrolled fires used to heat plastics has a high global warming 1104 potential that could offset some of the benefits brought about by the inferred avoided burdens of the 1105 energy intensive conventional brick and tile production (concrete or ceramics). Similarly, the use of 1106 plastic packaging waste to modify bitumen in road surfacing is unlikely to result in more harmful 1107 emissions than those already emitted by hot bitumen during surfacing operations. Though no specific 1108 evidence was found in support, the fact that modified bitumen increases the durability of roads, infers 1109 that its use could avoid burdens associated with road resurfacing and repairs over time. 1110 One possible concern is that plastics with potentially hazardous properties will be used as feedstock alongside the comparatively benign packaging plastics. Moreover, the risk that plastic packaging itself 1111 1112 contains substances that are harmful when emitted during heating should not be overlooked,

1113 especially as the composition of plastics used in some parts of the Global South are not necessarily

1114 tightly controlled. It is recommended that the approaches are explored with caution until a better

1115 understanding of the potential risk from emissions are explored further.

1116 **11.3 Group 2: Chemical recycling**

1117 Three groups of approaches exhibited very similar assessment scores in this study, and were therefore

1118 grouped together for ease of discussion despite the array of technological difference between them.

1119 There is no strong evidence that any of the so called 'chemical recycling' techniques are

1120 commercially viable methods of producing feedstock for plastics production. As such there is also

1121 limited evidence of the associated emissions and environment al benefits beyond theoretical

1122 modelling.

1123 The processes all involve either heat, pressure, gasses or chemical solvents. Controlling these 1124 phenomena requires expertise, financial resources and ongoing maintenance to ensure that the health 1125 of workers, the public and the environment are not compromised. Moreover, the potentially hazardous 1126 solid wastes generated from some processes such as used solvents; tars and chars from gasification 1127 and pyrolysis; and air pollution control residues require careful handling, treatment and disposal to 1128 ensure that they do not present an ongoing environmental hazard in the future. Many countries in the 1129 Global South do not have access to landfills let alone specialist hazardous waste disposal facilities. 1130 This factor alone, is a barrier to safe and sustainable implementation of any process that produces 1131 hazardous solid waste.

1132 **11.4 Group 3: Combustion with energy recovery**

1133 Incineration of post-consumer plastic packaging waste that has been collected with the intention to be 1134 recycled does not recover value at the material level and has a similar global warming potential to 1135 other fossil fuels; notably, such as resource recovery route cannot be accounted for as 'recycling' by 1136 any commonly stated definition – technical or legal (Table S8). Incineration (with or without 1137 combined heat and power or tri-generation; and without carbon capture storage or carbon capture and 1138 utilisation) is also likely to result in higher emissions of fossil CO₂ in comparison to all the other 1139 approaches; a gap that would possibly widen as electricity grids decarbonise over the coming decades, 1140 reducing the burdens for other technological options such as mechanical processing.

1141 Very little information exists to evidence CO_2eq emissions from co-processing waste plastics in 1142 cement kilns because most studies focus on SRF, a mixture of biogenic and fossil material from 1143 mixed non-hazardous waste. It is possible that across the lifecycle, the use of waste plastics as a fuel 1144 in place of coal is likely to result in a marginal benefit due to the fugitive emissions during coal 1145 extraction.

Pyrolysis to fuel is a more mature approach compared to other 'chemical recycling' technologies and has the theoretical potential to be operated safely. In the case where pyrolysis oils are burned to generate electricity or power vehicles, the overall process may result in slightly fewer climate forcing emissions compared to other fossil fuels such as coal or oil. However as the energy grid and vehiclefuel systems decarbonise, this benefit will dwindle.

Some studies have indicated that hot-water washing used to remove surface contamination from soiled plastic packaging may result in much higher emissions from mechanical reprocessing, in effect tipping the balance in favour of incineration. However, these comparators seem easily avoidable by 1) using sodium hydroxide in place of hot water, and 2) Changing the energy source for mechanical reprocessing. However, arguably these considerations do not extend on a complete environmental assessment.

1157 **12 Conclusions and prospects**

Our review compared eight approaches to managing post-consumer plastic packaging waste to determine whether they are 'appropriate' for implementation in countries that lack an independent, well-resourced and effective environmental and safety regulator. We assessed the potential for harm to human health and the environment from each technological solution by considering its maturity alongside the costs and specialist resources that might be required to mitigate such harm.

1163 All processes have the potential to be managed safely, but safe operation is not guaranteed anywhere. 1164 We do not suggest that waste valorisation in the Global South is inherently hazardous. However, the 1165 resources and expertise that are required to implement engineering and management safety controls 1166 varies between approaches. Where resources are scarce, approaches that require fewer resources to 1167 mitigate risk may be more appropriate. For example, at its most basic, brick and tile production from 1168 mineral polymer composites (Group 1b) requires little more than a mould, a trowel and a metal 1169 container on an open fire. Respiratory inhalation of emissions from the fire and melting plastic has 1170 been highlighted as a risk, but the hazards are easily and cheaply surmountable with basic engineering 1171 controls such as personal respiratory protection equipment and careful source management of 1172 feedstock. For technologies such as incineration (Group 3) and chemical recycling (Group 2), safety 1173 management is more challenging, partly because of the high heat and pressure involved, but also 1174 because many of the chemical and material outputs can be highly hazardous to human health and the

environment. Most countries in the Global South still lack comprehensive waste management for nonhazardous waste, let alone specialist facilities for managing such hazardous by-products.

1177 Conventional mechanical reprocessing operations (Group 1a) are mature and capable of handling

1178 large amounts of material. Whilst there are hazards involved with both small and large operations, the

1179 expertise and cost to control those hazards is minimal in comparison to incineration or co-processing

1180 in cement kilns.

1181 Our review focussed on the final stages of the waste material flow that involve reprocessing and 1182 recovery, touching briefly on the risk involved with secondary use of mechanically reprocessed 1183 plastics. We did not consider in detail the wider waste system, in particular the systems that involve 1184 collection, sorting and supply, much of which is carried out by large numbers of informal actors, 1185 waste pickers who operate outside of mainstream waste management planning, often without and safe 1186 systems of work. Informality or not, we did not address the dilemma between small-scale, 1187 decentralised approaches versus large scale, high-throughput processing (economies of scale). Even if 1188 affordable, implementing safety and environmental protection measures is a substantial challenge 1189 across the predominantly informal waste sector in the Global South. However, to exclude informal

1190 actors in favour of large-scale, on the basis of western standards of safe operation, could risk cutting

1191 off material supplies whilst restricting income generation potential of some of the world's poorest

1192 people.

1193 Chemical recycling processes have received attention in recent years for their potential to handle

1194 material that is either highly soiled, bonded into an assembly or bonded into a multi-layer composite.

1195 Yet the evidence indicates that none of these unique selling points have been realised and no evidence

1196 was found to indicate that chemical feedstock is being produced from post-consumer plastic

1197 packaging in a commercially sustainable process.

Innovation of new processes must be supported, but the urgency with which action must be taken to improve our use of resources and reduce plastic pollution is a much greater concern. Mechanical reprocessing is both commercially mature and has the lowest environmental impact compared to all the other approaches reviewed here. It is already implemented worldwide, as a highly mechanised

- 1202 process in the Global North, and as a more labour intensive operation in the Global South. The
- 1203 principle limitation of mechanical reprocessing is that it is unsuitable for processing multilayer (multi-
- 1204 polymer) materials. In response, the hope that chemical recycling with actualise is proffered. Given
- 1205 how unlikely this is in the near future it is suggested that product redesign is considered.
- 1206 Though some of the approaches were reasonably well evidenced, process data for operations in the
- 1207 Global South is very limited or non-existent and therefore not easily discoverable for most processes.
- 1208 Our review was comprehensive but not exhaustive. Only a carefully conducted systematic review will
- 1209 reveal the true state of evidence on this topic and it is strongly recommend such a process is carried
- 1210 out, building on our work and bringing a more robust insight into the topic.
- 1211

1212

1213 CRediT	author	statement
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