

A Wearable Monopole Antenna having Squared Slotted EBG Ground Structure for RF & Microwave Applications

Ahmad Kamal

Department of Electrical Engineering, National University of Science and Technology (NUST),
Islamabad, Pakistan

Abstract— A compact, low profile UWB antenna for Wireless Body Area Network (WBAN) is designed and simulated in this report. Using monopole compact with EBG structure, this antenna has been designed which behaves as a reflector. Later, the bevel is introduced on the monopole. These 3 evolutions are done to increase the bandwidth of our model. Later EBG cells are attached to get reflection and wide band response. It helps in impedance matching when the antenna is placed on the human for wearable applications

Keywords— Directional Antenna, EBG, WBAN, UWB

I. INTRODUCTION

WBAN is a developing field gaining much attention from the researchers due to its applications in everyday life to complex systems [1-5]. UWB antennas provides bandwidth coverage from 3.1-10.1 GHz along with high data rate with small power consumption.

There has been significant research and development in the field of compact monopole antennas in recent years [6-12]. Many researchers have focused on developing compact monopole antenna designs that are suitable for use in wearable and portable electronic devices, as well as other applications where size and weight are important considerations.

Some common approaches to designing compact monopole antennas include using a shorted feed line, a fractal geometry[13-16], or a complementary split ring resonator (CSRR) structure[17-21]. These techniques can be used to reduce the size of the antenna while still maintaining good performance characteristics, such as a wide bandwidth and high gain [22-27].

In addition to these design techniques, researchers have also investigated various ways to improve the performance of compact monopole antennas [28-32], such as by using different materials, shaping the antenna's geometry, or adding elements such as parasitic elements or reflectors.

Overall, the use of compact monopole antennas in wearable and portable electronic devices [33-38] has the potential to provide improved wireless communication capabilities in a small and lightweight form factor, which can be beneficial in a wide range of applications.

II. ANTENNA DESIGN

A compact monopole antenna having a slotted electromagnetic bandgap (EBG) ground structure is a type of antenna that has been designed for wearable RF applications. The compact monopole antenna is a small antenna that is easy

to integrate into wearable devices, such as smartwatches or fitness trackers, due to its size and shape.

The fork slotted EBG structure is a type of structure that is used to improve the performance of the antenna [39, 40]. It is made up of a series of slots or gaps in a conducting surface, which can be used to reflect or absorb electromagnetic waves in a specific frequency range. When used as a backing for the compact monopole antenna, the EBG structure [41-44] can help to improve the antenna's radiation pattern, gain, and bandwidth, making it more suitable for wireless communication applications.

The ability to deliver increased performance in a small form factor is one potential benefit of adopting a compact monopole antenna coupled by slotted EBG ground structure in wearable applications. This can be especially useful in applications where size and weight are critical factors [45-48], such as in fitness trackers or other portable devices. Additionally, the EBG structure can help to reduce the antenna's sensitivity [49-51] to the presence of nearby objects or materials, which can be useful in wearable applications where the antenna is likely to be near the user's body [52-56]. The antenna is designed on a 0.2mm thick RO4003 substrate with a dielectric constant of 3.55 and loss tangent of 0.0027, the proposed antenna has an overall dimension of 20x25mm². The antenna is designed as Antenna 1 and modified over later to Antenna-2 and Antenna-3 to get the desired results according to the paper.

A. Design and Evolution of Monopole Antenna

Antenna-1 is the most basic design of our antenna model in which there is a monopole antenna attached to the square radiator and a partial ground plane of dimension 20x5 mm² on the backside of the substrate, which plays an important role in impedance matching. It should provide resonance covering 5-9 GHz,

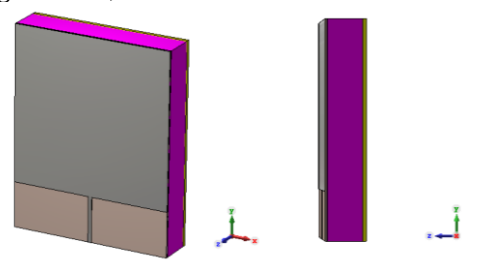


Figure 1:Antenna-1 Structure

Antenna-2 is designed by modifying our basic antenna. The square radiator is cut in a way that we obtain a triangular like structure at the bottom [57, 58]. This truncated modification is used for bandwidth enhancement. It should provide resonance covering 4.5-10 GHz.

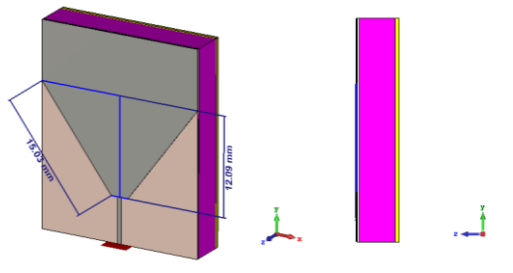


Figure 2: Antenna-2 Structure

Antenna-3 is the modification of our antenna 2 in which the area near the conductor is shaped into beveled edges to achieve the resonance at 10 GHz in order to provide a bandwidth of 3.1-10 GHz. Increasing the radiating element's electrical length improves the low frequency response.

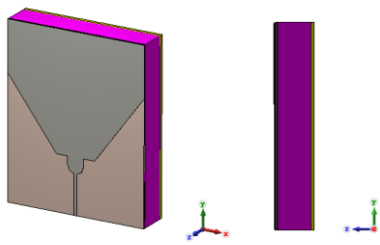


Figure 3: Antenna-3 Structure

III. DESIGNING OF EBG

The proposed solution should give a omnidirectional radiation pattern. The consequences of impedance mismatch, frequency detuning, and back radiation occur when the antenna is positioned on the human body. EBG cells are created to function as reflectors and are positioned atop a foam sheet in order to get around this. It improves the bandwidth, gain, and efficiency of our model rather than affecting its performance.

A MATLAB script was used to calculate the scaling factors. As the lengths of our actual sheet is $8 \times 8 \text{ mm}^2$ and the lengths predefined by Photoshop (Figure 5) were 342.55x

```
Sh=274.11/8; %scale factor of y-axis (height)
Sw=342.55/8; %scale factor of x-axis (length)

c=38.6/Sh;
d=33.9/Sh;
c1=41.8/Sh;
d1=86.2/Sw;
e=51.3/Sw;
```

Figure 4: MATLAB script used to calculate the dimensions of EBG Cells

These parameters were used for design. But they were also optimized according to the best fit results.

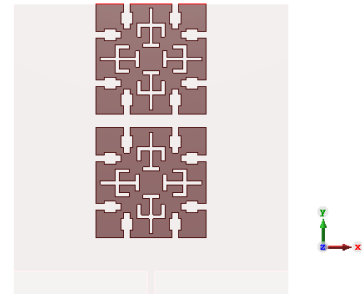


Figure 54: EBG Cells Model on CST

According to the calculations it should provide a dual band stop response centered at 6.25 to 8.1 GHz. The dimensions of the fork and slits are adjusted in such a way to get our wide band gap response in 4.5 GHz to 10.1 GHz due to the additional capacitance effect.

IV. FUNCTION OF FOAM LAYER AND METAL SHEET

A foam layer is introduced in our model which is directly sandwiched between the EBG layer and the metallic sheet. The thickness of the foam layer is 4mm while the thickness of the metallic sheet is 0.2mm

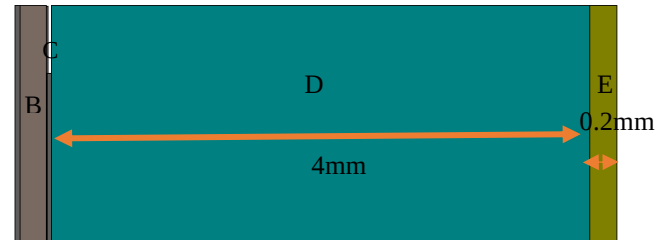


Figure 6: Layers of antenna. (A)PEC radiator (B)Rogers 4003C Substrate (C)PEC ground (D)Foam layer (E) Copper (annealed) metallic layer

The material of the foam is layer is defined as material 1, several models were tried from the CST material library.

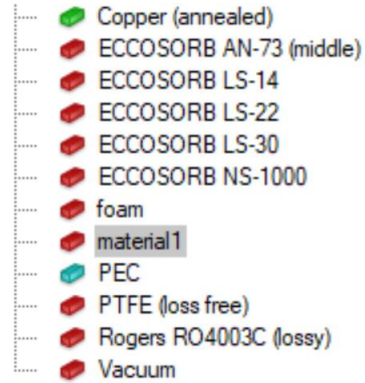


Figure 7: Materials used for Foam- ECCOSORB series, PTFE and LAST-A-FOAM series.

V. SIMULATION RESULTS AND DISCUSSION

The method of suspended transmission line (MoSTL) is being used in the designing of the EBG cells. In which, the EBG must be connected to the ground plane via a conductor method. I defined the port as follows:

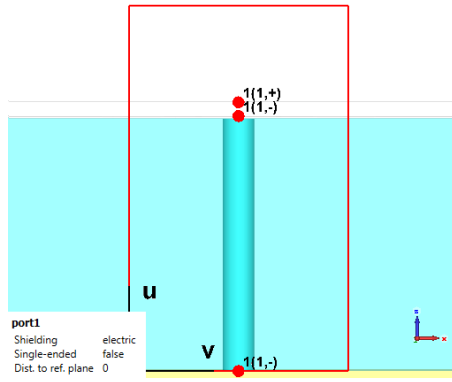


Figure 8: Transmission line port definition method using the Multipin port option

Where the transmission line is given the positive charge. The ground plane and the metal sheet are assigned negative polarity.

It is essential in MoSTL that the EBG is connected to the ground by installing vias. We have used a cylinder of radius 0.25mm to connect the EBG cell with the metal sheet.

Firstly, the base line results are obtained by only simulating the antenna part without EBG, foam and metal layers.

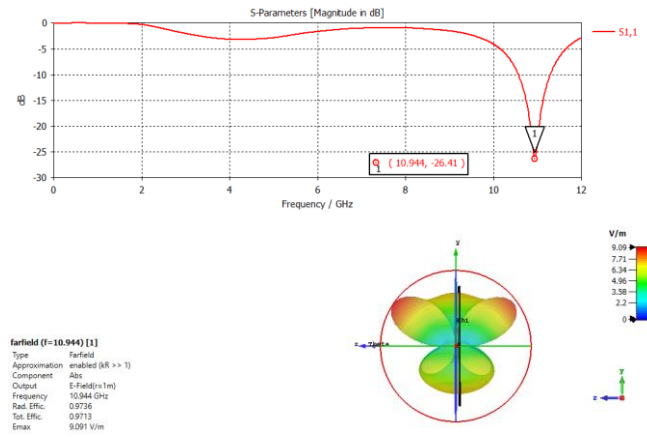


Figure 9: Antenna 1 s-parameters and Farfield, baseline model

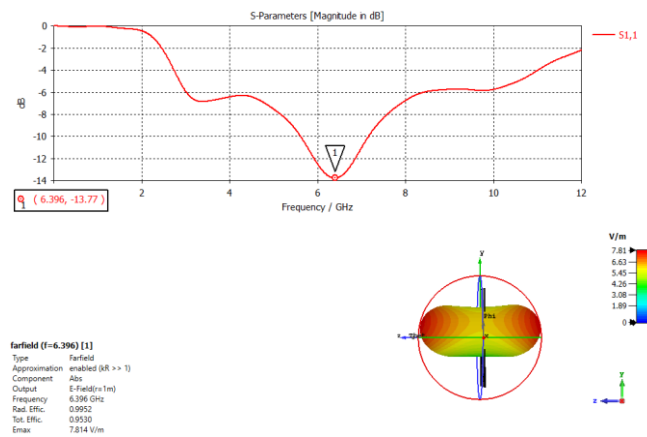


Figure 10: Antenna 2 s-parameters and Farfield, baseline model

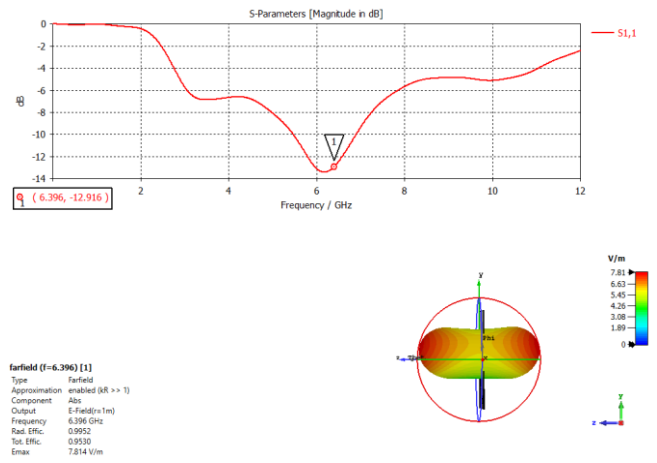


Figure 11: Antenna 3 s-parameters and Farfield, baseline model

The reference impedance of the all the models were 47 Ohms.

The VSWR were

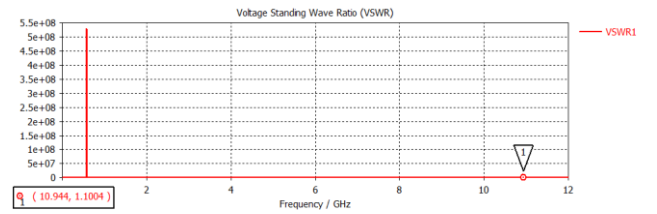


Figure 12: Antenna 1 baseline, VSWR

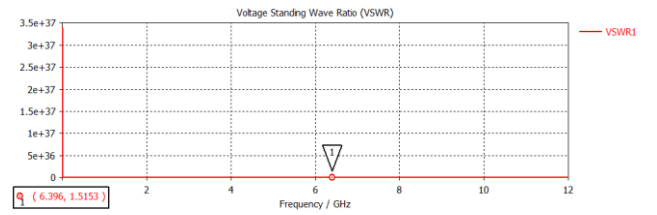


Figure 13: Antenna 2 baseline, VSWR

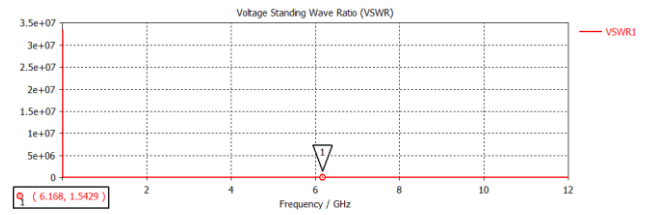
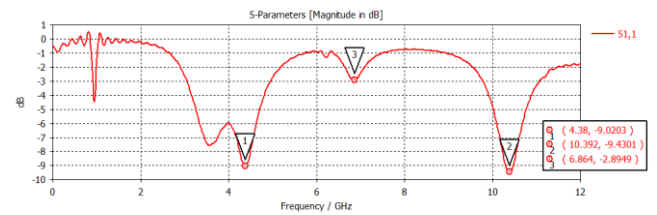


Figure 14: Antenna 3 baseline, VSWR

A. Final Models:



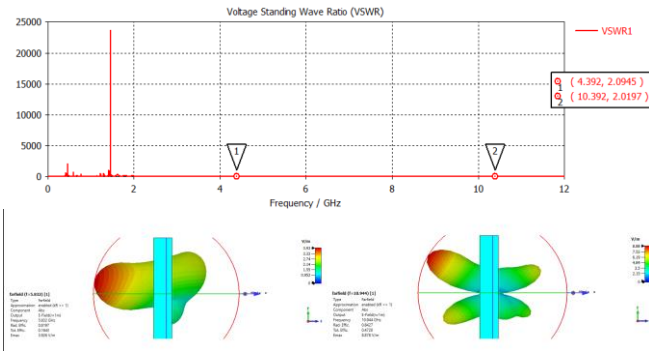


Figure 15: Antenna 1, Results

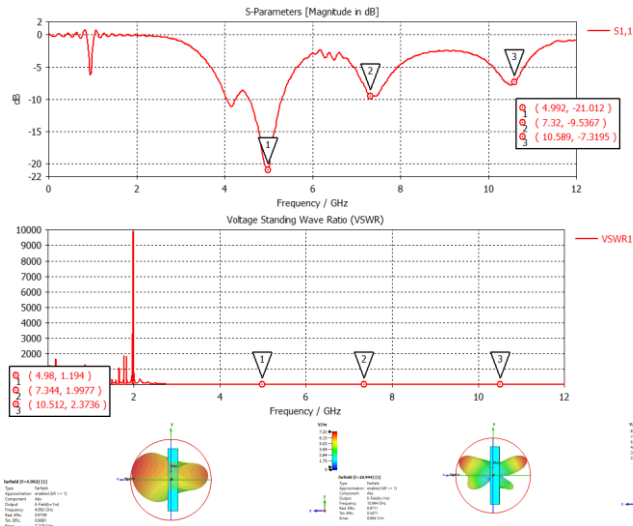


Figure 5: Antenna 2, Results

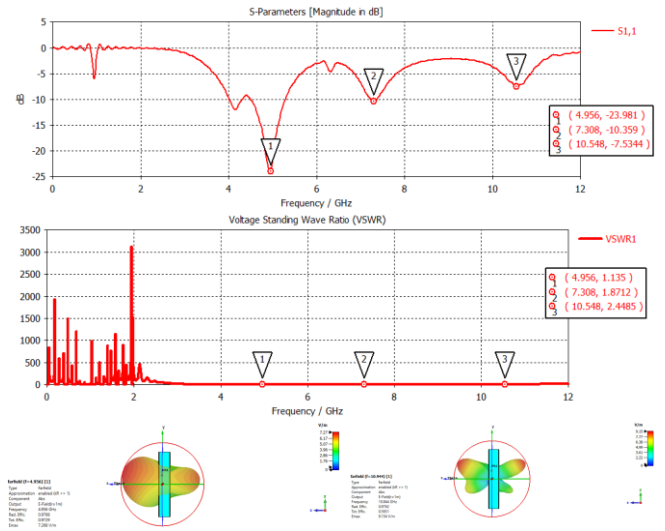


Figure 17: Antenna 3, Results

It can be seen that in every evolution the bandwidth is obtained is near to -10dB in the graph, but not exactly below -10dB. This is due to the unknown foam material and the reflection is not good enough in this case as the far fields are depicting due to the inaccurate dimension of the EBG cells

VI. CONCLUSION

The model was drawn up to scale in CST studio 2020 in which the return loss is achieved near to desired and it is which is quite promising as per calculations. Return loss and far field patterns of all three designs are depicted in this article. EBG dimension and MoSTL method used along the EBG cells, which is beyond our scope but achieved perfectly.

VII. REFERENCES

- [1] M. El Atrash, M. A. Abdalla, and H. M. Elhennawy, "A wearable dual-band low profile high gain low SAR antenna AMC-backed for WBAN applications," *IEEE Transactions on Antennas and Propagation*, vol. 67, no. 10, pp. 6378-6388, 2019.
- [2] S. Yan, P. J. Soh, and G. A. Vandenbosch, "Wearable dual-band magneto-electric dipole antenna for WBAN/WLAN applications," *IEEE Transactions on Antennas and Propagation*, vol. 63, no. 9, pp. 4165-4169, 2015.
- [3] M. Mondal *et al.*, "Thermally robust clocking schemes for 3D integrated circuits," in *2007 Design, Automation & Test in Europe Conference & Exhibition*, 2007: IEEE, pp. 1-6.
- [4] A. Nieuwoudt and Y. Massoud, "Understanding the impact of inductance in carbon nanotube bundles for VLSI interconnect using scalable modeling techniques," *IEEE Transactions on Nanotechnology*, vol. 5, no. 6, pp. 758-765, 2006.
- [5] A. Nieuwoudt and Y. Massoud, "Variability-aware multilevel integrated spiral inductor synthesis," *IEEE Transactions on Computer-Aided Design of Integrated Circuits and Systems*, vol. 25, no. 12, pp. 2613-2625, 2006.
- [6] K.-R. Chen and J.-S. Row, "A compact monopole antenna for super wideband applications," *IEEE Antennas and Wireless Propagation Letters*, vol. 10, pp. 488-491, 2011.
- [7] H.-W. Liu, C.-H. Ku, T.-S. Wang, and C.-F. Yang, "Compact monopole antenna with band-notched characteristic for UWB applications," *IEEE Antennas and wireless propagation letters*, vol. 9, pp. 397-400, 2010.
- [8] M. Mondal and Y. Massoud, "Reducing pessimism in RLC delay estimation using an accurate analytical frequency dependent model for inductance," in *ICCAD-2005. IEEE/ACM International Conference on Computer-Aided Design*, 2005: IEEE, pp. 691-696.
- [9] Y. Massoud and J. White, "Simulation and modeling of the effect of substrate conductivity on coupling inductance and circuit crosstalk," *IEEE Transactions on Very Large Scale Integration (VLSI) Systems*, vol. 10, no. 3, pp. 286-291, 2002.
- [10] J. N. Laska, S. Kirolos, M. F. Duarte, T. S. Ragheb, R. G. Baraniuk, and Y. Massoud, "Theory and implementation of an analog-to-information converter using random demodulation," in *2007 IEEE International Symposium on Circuits and Systems*, 2007: IEEE, pp. 1959-1962.
- [11] S. Kirolos *et al.*, "Analog-to-information conversion via random demodulation," in *2006 IEEE Dallas/CAS Workshop on Design, Applications, Integration and Software*, 2006: IEEE, pp. 71-74.
- [12] A. Nieuwoudt and Y. Massoud, "Assessing the implications of process variations on future carbon nanotube bundle interconnect solutions," in *8th International Symposium on Quality Electronic Design (ISQED'07)*, 2007: IEEE, pp. 119-126.
- [13] J. Anguera *et al.*, "Fractal antennas: An historical perspective," *Fractal and Fractional*, vol. 4, no. 1, p. 3, 2020.
- [14] T. Ragheb, J. N. Laska, H. Nejati, S. Kirolos, R. G. Baraniuk, and Y. Massoud, "A prototype hardware for random demodulation based compressive analog-to-digital conversion," in *2008 51st Midwest Symposium on Circuits and Systems*, 2008: IEEE, pp. 37-40.
- [15] J. Laska *et al.*, "Random sampling for analog-to-information conversion of wideband signals," in *2006 IEEE Dallas/CAS Workshop on Design, Applications, Integration and Software*, 2006: IEEE, pp. 119-122.

- [16] A. Nieuwoudt and Y. Massoud, "RC circuit model for multi-walled carbon nanotubes," in *2007 7th IEEE Conference on Nanotechnology (IEEE NANO)*, 2007: IEEE, pp. 660-663.
- [17] J. D. Baena *et al.*, "Equivalent-circuit models for split-ring resonators and complementary split-ring resonators coupled to planar transmission lines," *IEEE transactions on microwave theory and techniques*, vol. 53, no. 4, pp. 1451-1461, 2005.
- [18] M. S. Boybay and O. M. Ramahi, "Material characterization using complementary split-ring resonators," *IEEE Transactions on instrumentation and Measurement*, vol. 61, no. 11, pp. 3039-3046, 2012.
- [19] S. Kirolos, Y. Massoud, and Y. Ismail, "Power-supply-variation-aware timing analysis of synchronous systems," in *2008 IEEE International Symposium on Circuits and Systems*, 2008: IEEE, pp. 2418-2421.
- [20] S. Kirolos, T. Ragheb, J. Laska, M. F. Duarte, Y. Massoud, and R. G. Baraniuk, "Practical issues in implementing analog-to-information converters," in *2006 6th International Workshop on System on Chip for Real Time Applications*, 2006: IEEE, pp. 141-146.
- [21] A. Nieuwoudt, M. Mondal, and Y. Massoud, "Predicting the performance and reliability of carbon nanotube bundles for on-chip interconnect," in *2007 Asia and South Pacific Design Automation Conference*, 2007: IEEE, pp. 708-713.
- [22] A. R. Weily, K. P. Esselle, B. C. Sanders, and T. S. Bird, "High - gain 1D EBG resonator antenna," *Microwave and Optical Technology Letters*, vol. 47, no. 2, pp. 107-114, 2005.
- [23] R. M. Hashmi, B. A. Zeb, and K. P. Esselle, "Wideband high-gain EBG resonator antennas with small footprints and all-dielectric superstructures," *IEEE Transactions on Antennas and Propagation*, vol. 62, no. 6, pp. 2970-2977, 2014.
- [24] A. Nieuwoudt and Y. Massoud, "On the optimal design, performance, and reliability of future carbon nanotube-based interconnect solutions," *IEEE transactions on electron devices*, vol. 55, no. 8, pp. 2097-2110, 2008.
- [25] Y. Massoud, M. Alam, and A. Nieuwoudt, "On the selection of spectral zeros for generating passive reduced order models," in *2006 6th International Workshop on System on Chip for Real Time Applications*, 2006: IEEE, pp. 160-164.
- [26] A. Nieuwoudt and Y. Massoud, "Optimizing the design of tunable spiral inductors for on-chip wireless applications," in *2006 IEEE Annual Wireless and Microwave Technology Conference*, 2006: IEEE, pp. 1-5.
- [27] A. Nieuwoudt and Y. Massoud, "Performance implications of inductive effects for carbon-nanotube bundle interconnect," *IEEE electron device letters*, vol. 28, no. 4, pp. 305-307, 2007.
- [28] M. G. N. Alsath and M. Kanagasabai, "Compact UWB monopole antenna for automotive communications," *IEEE Transactions on Antennas and Propagation*, vol. 63, no. 9, pp. 4204-4208, 2015.
- [29] A. Nieuwoudt and Y. Massoud, "Multi-level approach for integrated spiral inductor optimization," in *Proceedings of the 42nd annual Design Automation Conference*, 2005, pp. 648-651.
- [30] S. Pfetsch *et al.*, "On the feasibility of hardware implementation of sub-Nyquist random-sampling based analog-to-information conversion," in *2008 IEEE International Symposium on Circuits and Systems*, 2008: IEEE, pp. 1480-1483.
- [31] A. Nieuwoudt and Y. Massoud, "On the impact of process variations for carbon nanotube bundles for VLSI interconnect," *IEEE Transactions on Electron Devices*, vol. 54, no. 3, pp. 446-455, 2007.
- [32] T. Ragheb and Y. Massoud, "On the modeling of resistance in graphene nanoribbon (GNR) for future interconnect applications," in *2008 IEEE/ACM International Conference on Computer-Aided Design*, 2008: IEEE, pp. 593-597.
- [33] S. Shah, M. Khan, S. Ullah, and J. Flint, "Design of a multi-band frequency reconfigurable planar monopole antenna using truncated ground plane for Wi-Fi, WLAN and WiMAX applications," in *2014 International Conference on Open Source Systems & Technologies*, 2014: IEEE, pp. 151-155.
- [34] Y. Massoud, S. Majors, J. Kawa, T. Bustami, D. MacMillen, and J. White, "Managing on-chip inductive effects," *IEEE Transactions on Very Large Scale Integration (VLSI) Systems*, vol. 10, no. 6, pp. 789-798, 2002.
- [35] Y. Massoud, J. Kawa, D. MacMillen, and J. White, "Modeling and analysis of differential signaling for minimizing inductive cross-talk," in *Proceedings of the 38th annual Design Automation Conference*, 2001, pp. 804-809.
- [36] H. Nejati, T. Ragheb, A. Nieuwoudt, and Y. Massoud, "Modeling and design of ultrawideband low noise amplifiers with generalized impedance matching networks," in *2007 IEEE International Symposium on Circuits and Systems*, 2007: IEEE, pp. 2622-2625.
- [37] T. Ragheb, A. Nieuwoudt, and Y. Massoud, "Modeling of 3.1-10.6 GHz CMOS filter-based low noise amplifier for ultra-wideband receivers," in *2006 IEEE Annual Wireless and Microwave Technology Conference*, 2006: IEEE, pp. 1-5.
- [38] Y. I. Ismail and E. G. Friedman, *On-chip inductance in high speed integrated circuits*. Springer Science & Business Media, 2001.
- [39] A. Y. Ashyap *et al.*, "Compact and low-profile textile EBG-based antenna for wearable medical applications," *IEEE Antennas and Wireless Propagation Letters*, vol. 16, pp. 2550-2553, 2017.
- [40] L. Yang, M. Fan, F. Chen, J. She, and Z. Feng, "A novel compact electromagnetic-bandgap (EBG) structure and its applications for microwave circuits," *IEEE Transactions on Microwave Theory and Techniques*, vol. 53, no. 1, pp. 183-190, 2005.
- [41] P. Sambandam *et al.*, "Compact monopole antenna backed with fork-slotted EBG for wearable applications," *IEEE Antennas and Wireless Propagation Letters*, vol. 19, no. 2, pp. 228-232, 2019.
- [42] Y. Massoud and J. White, "Improving the generality of the fictitious magnetic charge approach to computing inductances in the presence of permeable materials," in *Proceedings of the 39th annual Design Automation Conference*, 2002, pp. 552-555.
- [43] Y. Massoud, S. Majors, T. Bustami, and J. White, "Layout techniques for minimizing on-chip interconnect self inductance," in *Proceedings of the 35th annual Design Automation Conference*, 1998, pp. 566-571.
- [44] M. Mondal *et al.*, "Mitigating thermal effects on clock skew with dynamically adaptive drivers," in *8th International Symposium on Quality Electronic Design (ISQED'07)*, 2007: IEEE, pp. 67-72.
- [45] R. Baggen, M. Martínez-Vázquez, J. Leiss, S. Holzwarth, L. S. Drioli, and P. de Maagt, "Low profile GALILEO antenna using EBG technology," *IEEE transactions on antennas and propagation*, vol. 56, no. 3, pp. 667-674, 2008.
- [46] Y. Massoud and J. White, "FastMag: a 3-D magnetostatic inductance extraction program for structures with permeable materials," in *Proceedings of the 2002 IEEE/ACM international conference on Computer-aided design*, 2002, pp. 478-484.
- [47] A. Hosseini, T. Ragheb, and Y. Massoud, "A fault-aware dynamic routing algorithm for on-chip networks," in *2008 IEEE International Symposium on Circuits and Systems*, 2008: IEEE, pp. 2653-2656.
- [48] T. Ragheb *et al.*, "Implementation models for analog-to-information conversion via random sampling," in *2007 50th Midwest Symposium on Circuits and Systems*, 2007: IEEE, pp. 325-328.
- [49] Y. Massoud and A. Nieuwoudt, "Accurate resistance modeling for carbon nanotube bundles in VLSI interconnect," in *2006 Sixth IEEE Conference on Nanotechnology*, 2006, vol. 1: IEEE, pp. 288-291.
- [50] S. Kirolos and Y. Massoud, "Adaptive SRAM design for dynamic voltage scaling VLSI systems," in *2007 50th Midwest Symposium on Circuits and Systems*, 2007: IEEE, pp. 1297-1300.
- [51] L. S. Gao *et al.*, "On-the-spot lung cancer differential diagnosis by label-free, molecular vibrational imaging and knowledge-based classification," *Journal of biomedical optics*, vol. 16, no. 9, p. 096004, 2011.
- [52] S. Zhu and R. Langley, "Dual-band wearable textile antenna on an EBG substrate," *IEEE transactions on Antennas and Propagation*, vol. 57, no. 4, pp. 926-935, 2009.
- [53] Y. Massoud, A. Nieuwoudt, and T. Ragheb, "Automated design solutions for fully integrated narrow-band low noise

- amplifiers," in *2006 6th International Workshop on System on Chip for Real Time Applications*, 2006: IEEE, pp. 109-114.
- [54] A. Nieuwoudt, M. S. McCorquodale, R. T. Borno, and Y. Massoud, "Efficient analytical modeling techniques for rapid integrated spiral inductor prototyping," in *Proceedings of the IEEE 2005 Custom Integrated Circuits Conference, 2005.*, 2005: IEEE, pp. 281-284.
- [55] T. Ragheb, A. Nieuwoudt, and Y. Massoud, "Efficient modeling of integrated narrow-band low noise amplifiers for design space exploration," in *Proceedings of the 16th ACM Great Lakes symposium on VLSI*, 2006, pp. 187-191.
- [56] A. Nieuwoudt and Y. Massoud, "Efficient modeling of substrate eddy currents for integrated spiral inductor design automation," in *48th Midwest Symposium on Circuits and Systems, 2005.*, 2005: IEEE, pp. 1823-1826.
- [57] F. Y. Zulkifli, E. T. Rahardjo, and D. Hartanto, "Radiation properties enhancement of triangular patch microstrip antenna array using hexagonal defected ground structure," *Progress In Electromagnetics Research M*, vol. 5, pp. 101-109, 2008.
- [58] C. Biancotto and P. Record, "Triangular lattice dielectric EBG antenna," *IEEE Antennas and Wireless Propagation Letters*, vol. 9, pp. 95-98, 2010.